

# PRAYER MANTLE



TONY MATHIAS

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**An Aid to Personal Prayer**

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## **TO MY WIFE LYNETTE**

For her valuable assistance not only in transcribing the manuscript, but also in offering valued and appropriate suggestions, this volume is affectionately dedicated.

### **MY THANKS TO**

- |                             |                                                                                     |
|-----------------------------|-------------------------------------------------------------------------------------|
| <b>Mr. Randall Pereira.</b> | For editing the manuscript.                                                         |
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**And to the faithful band of intercessors  
Who prayed this book into existence.**

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## PREFACE

The Ministry of Prayer has played a vital role in the growth of the Early Church. This is seen in the New Testament, especially in the Book of the Acts, and through the first centuries of Church History.

Down the centuries however, the Church has been poverty-stricken in many areas, especially in prayer. She has never lacked in organizational skills, pastoring, music, writing, and so on. What she has truly lacked is wrestling in prayer, consecration and zeal for the house of the Lord. But, praise the Lord! The tide is turning, there is a revival of prayer encircling the globe, today.

The Church is being trained, educated, prepared in her role as conqueror, to overcome the forces hostile to God through an infinitely wise program of believing prayer, ordained by God.

It appears that the greatest need in our world today is for an ever-increasing supply of true intercessors willing to identify with a hurt and dying world.

Back in the 1980s, Dick Eastman passed through Mumbai. He was instrumental in releasing the prayer mantle to many including myself. It has been a burden on my heart over the years, to bring forth a book, of this nature as an aid to prayer. This book expresses my heartfelt desire to initiate the beginner into a life of prayer and to enable the others who have had a prayer experience to deepen their prayer lives.

With grateful appreciation, this book is dedicated to those precious saints God has brought into my life through the years. Especially those who by their example and teachings have taught me to pray. I hold in high esteem people like: Dick Eastman, Derek Prince, Kenneth E. Hagin, Paul E. Billheimer, Barry Wood, Leonard Ravenhill, E. M. Bounds, David Nunn, C. Peter Wagner, Stephen Peters, Mark Wilson, Paul Yongii Cho, Dr. Larry Lea, Merlin Carothers and others, whose teachings have found a way into my heart and also into this book. I deeply appreciate their contributions in helping me mature in my prayer life. Most especially I am grateful to my twin intercessors, Jesus, the High Priest of my confession, and intercessor on the throne of heaven and the Holy Spirit, my Senior-Partner, who intercedes in the chapel of my heart.

This compilation, as acknowledged above, is the result of an exhaustive study of Biblical interpretations and insights from the books of the men of God cited above and spiritual guidance from that wonderful counselor - God's Holy Spirit. I am forever in their debt.

I would also like to thank a number of people who took the trouble to read the original manuscript, and who made so many helpful comments and suggestions.

Do you long for a more effective and satisfying prayer life? Are your prayers being answered? Are your prayers making an impact on the kingdom of darkness?

I pray that this book will be a blessing to you. It is designed to accomplish two specific goals, to teach you to pray, and to motivate you to enter the ministry of effectual fervent prayer. It offers you instructions from the plain teachings of God's Word, to help you pray effectively, with satisfaction, and minister to others through intercessory prayer.

## **Section One**

# **GENERAL OUTLINE**



# CHAPTER 1

## POWER IN PRAYER

Once you have received Jesus as your personal Saviour and you continue to proclaim Him as your Lord, you need to know how to live a victorious life. Prayer is the key to a victorious Christian life. A bird needs two wings to fly. If prayer be considered as one wing, the other could be considered the Word of God. You need to know how to pray in line with the Word 1 Jn 5:14-15.

As you abide in the Lord and His Word abides in you, you can ask whatever you will and it shall be given to you Jn 15:7. It is important to know that God answers prayer. Through prayer, which is a simple communication with God, we can enter God's presence, receive guidance, direction, help, protection, and much more. It is God's Will that we should pray 1 Tess 5:17.

As Christians we are called to witness that Jesus is alive! Acts 1:8. We are to witness in the power of the Holy Spirit. To be an effective witness we need to spend time in prayer at the feet of the Master. Jesus' prayer life was the key to His ministry. The disciples asked Him to teach them to pray and He did teach them Lk 11:1-4.

A consistent daily prayer life is essential if you desire to be a pure channel for the Holy Spirit to flow. You will begin to understand the plans and purposes of God and pursue them. This book is designed to help you pray and deepen your prayer life. You may be asking the question, "How must I pray?" Like the disciples requested Jesus - Lord teach us to pray. You certainly need answers! Here are a few suggestions:

Pray aloud with understanding - When you pray 'say' Lk11: 2.

Pray with a clean heart. Check your motives and attitudes, Ps 51:10

Pray in line with the Word of God 1 Jn 5:14-15.

Pray privately Mt 6:6, collectively 1 Tim 2:8, always in line with God's Word.

Pray to the Father, in the Name of Jesus Christ, and through the Ministry of the Holy Spirit Jn 16:23-24.

Use Prayer Keys:

To enter a locked room you need to possess the key. Though some of God's children spend time praying over many matters they do not seem

to get through in prayer. The reason could be that they have not discovered the key. In our praying, we must find the key, then we can expect answers from God. Here are some:

**PERSISTENCE** - The widow of the parable who said “Avenge me of my adversary” Lk18: 1-8, used the key of persistence in her plea to the unjust judge, and she was granted her request.

**RIGHTEOUSNESS** - God revealed to Abraham that He was about to execute judgment on Sodom and Gomorrah because of their wickedness. Abraham laid hold of the fact that God is a righteous God Gen 18:16-33, and that was the key to prayer he used delivering “righteous Lot” as a consequence 2 Pt 2:7. God was faithful, He did not “consume the righteous with the wicked”.

**THE NAME OF JESUS** - This is a vital key of prayer, asking the Father in the name of Jesus Jn 16:23-24, and it is also a powerful spiritual weapon Jn 14:13-14; Mk 16:17; Rev 1:18.

**THE WORD OF GOD** - When we pray in agreement with God’s Word, He will hear and answer our prayer 1 Jn 5:14-15; Jer 1:12. The Word of God is also a powerful weapon of prayer Heb 4:12.

**THE BLOOD OF JESUS** - This is also a vital key and a powerful weapon of prayer Eph 1:7; Rev 12:11.

**PRAYING SYSTEMATICALLY** - Covering fully one topic at a time in a systematic manner.

**PRAYERS MIXED WITH PRAISE THANKSGIVING & WORSHIP**  
Phil 4:6;

**PRAY WITH UNDERSTANDING AND IN THE SPIRIT**  
1 Cor 14:15. It helps when you pray in ‘tongues’.

There are Two Kinds of Praying: 1 Cor 14:15.

Mental praying, with the understanding or mind.

Spiritual praying, in an unknown tongue.

When you pray in this manner using biblical principles, something supernatural happens, which is accompanied by the anointing power of God. You also need to be aware that there are other kinds of prayer also, such as, petition, consecration, united prayer, commitment, praying in the Spirit, agreement, intercession, worship. You must know how and when to use them. You will find terms like spiritual armour,

Ephesian prayers, disciples' prayer, tabernacle prayer, intercession, scripture memorization, scripture meditation, positive confession, faith declaration used in the book. They will be explained to you in the next chapter. To enable you to live a power packed victorious prayer life use these powerful keys

- Proclaim Jesus Christ your personal Lord and Saviour
- Pray daily, regularly and systematically
- Pray with a clean and sincere heart
- Pray in line with God's Word to the Father in the Name of Jesus His Son and with the help of the Holy Spirit
- Pray with thanksgiving, praise and worship.
- Pray using the powerful weapons of prayer, the Name of Jesus, the Word of God and the Blood of Jesus
- Pray with understanding and in the Spirit.  
Now before we go any further, I would like you to do two things:

**Read the Scripture:** "Do not be anxious about anything..." [Phil4: 6]

**Then say aloud,** "I will pray daily, regularly and systematically in line with God's Word, with the help of the Holy Spirit and with a clean and sincere heart.

## CHAPTER 2

### FORMS OF PRAYER

In this book you are being trained to persevere in prayer and challenged to pray without ceasing 1 Tess 5:17. You are also encouraged to ask of the Lord, being assured that you will receive Mt 7:7-8. Solitude and a fixed time are important ingredients in prayer.

You can make prayer an ongoing communication with the Father. An excellent way of communicating with God as an ongoing process is to pray in tongues. It will build you up spiritually, and most assuredly. Whatever builds us spiritually is also going to influence and help us physically and mentally 1 Cor 14:4; Jude 20. When we pray in tongues our spirits are in direct contact with God who is Spirit. We are talking to God through a divine supernatural medium.

You will receive instructions on prayer, as you progress through this book, which will enable you to deepen your prayer life even as you grow in spiritual maturity. As you follow the prayer schedule systematically, living in righteousness, building yourself on a strong biblical foundation, going through your prayer assignments, meditation, affirmations and intercessions, you will eventually become a strong prayer warrior moving on from milk to the solid food of God's Word 1 Pt 2:2; Heb 5:11-14. Seek to live a clean and holy life. Remember godliness is profitable at every stage 1 Tim 4:8.

#### SPIRITUAL ARMOUR

A Christian warrior is a prayer-warrior. As representatives of God's Kingdom here on earth we find ourselves in an all-out war with a highly organized kingdom of evil spirit beings ruled by Satan. In full battle-gear, we must be ready to fight. The battleground is the mind, where Satan has built up strongholds to keep people away from receiving the gospel. Our task is to break down these mental strongholds and release men and women from Satan's tyranny, deception and captivity through prayer and spiritual warfare 2 Cor 10:4-6; Eph 6:12.

Without the battle-dress on [Eph 6:11, 13-18] you could easily become a casualty. Behind every physical problem, there is a deeper, spiritual problem. You will need spiritual weapons to **overcome** the spiritual wickedness in high places. This is spiritual warfare and prayer is a mighty weapon used in spiritual warfare. We must continually be arrayed with spiritual Armour for an all round protection and to minister with authority. Unprotected you can become a casualty. How necessary

therefore it is to protect yourself when you enter prayer. How do you do this? By keeping the spiritual Armor 'on'.



## WHAT IS SPIRITUAL ARMOUR?

### **The Girdle of Truth**

A clear understanding of God's Word.

### **The Breastplate of Righteousness**

We put on Jesus who is our Righteousness and we obey His Word.

### **The Gospel of Peace**

The feet shod with the preparation of preaching the gospel.

### **The 'Shield of Faith**

Complete safety under the Blood of Jesus Christ.

### **The Helmet of Salvation**

Protects the mind from turning away from the truth.

### **The Sword of the Spirit**

God's Word in action.

## HOW DO WE KEEP IT ON?

Having repented and having come into a right relationship with God and others, we keep the armour on in faith by believing in our heart and declaring with our mouth, what God's Word says regarding the armour.

This is part of the Christian way of life. It must be remembered however that it is not something we wear at prayer time and remove after prayer. We need to keep it on continually.

## **THE DISCIPLES PRAYER**

A disciple's prayer format has been introduced into this book which is the prayer the Lord taught His disciples LK 11:2-4. The prayer used here is a model prayer based on His Names and promises. It must be used with prayerful meditation and vibrant declaration. This is a very effective form of praying. When you are born-again you have the right to call God your Father by virtue of the Blood of Jesus shed on Calvary's cross.

## **EPHESIAN PRAYERS**

One of the most important spiritual discoveries made is praying the 'Ephesian Prayers', which are taken from the letter of Paul to the Ephesians. Many have grown in the knowledge of the God's Word, and in spiritual maturity by adapting these prayers to their own lives, just as the believers of Ephesus did, because they are inspired by the Holy Spirit and are applicable today. These prayers are written here for the benefit of readers who can do likewise. They could also be used while praying for others (inserting the other person's name).

## **THE TABERNACLE PRAYER [Exodus]**

In the Old Testament we see how God delivered the children of Israel from Egypt. He instructed Moses with precise details Exo 25:9, to build a tabernacle as a place of worship, in the wilderness so that the Israelites could worship Him. God also gave directions to the Priests, how to minister and conduct worship. When the Israelites worshipped in the Tabernacle, the Shekinah Glory of God's visible manifest presence

Exo 40:34, would fill the Holy of Holies and He would communicate with His people. In that temple, the tabernacle was built according to God's instructions.

Today we do not have this tabernacle 'made of stone', but we ourselves are the tabernacle or temple of the Holy Spirit individually and corporately.

This Tabernacle had three parts, namely, the Outer Court, the Holy Place and the Holy of Holies, just as every Christian is made of three parts. Each part of the Tabernacle could symbolize a part of our triune being. The Physical Body could represent the Outer Court, the Soul or the mind of man as the Holy Place and the Spirit where God resides as the Holy of Holies. This depicts 'the tabernacle in the wilderness' and this form of analogy teaches us how to commune with God, worship Him, pray effectively and receive many blessings.

If we adopt the pattern of the Tabernacle instituted by God in the Old Testament to our daily prayer as many have done, it would give us Christians access to the very

presence of God in prayer, which is the aim of this kind of prayer. We need to meditate, think, reflect on every furnishing in the tabernacle praying aloud and with understanding.

## **INTERCESSORY PRAYER**

An intercessor is one who takes the place of another, or pleads another's cause. In this book you will be led to pray with prayer points for yourself, your family, church and nation.

You will also be led to follow the band of intercessors who are praying for the gateway cities of the '10/40 Window', the least evangelized region in the world, a stronghold of Satan, where people live in poverty, hunger and are deprived of the life changing power of the gospel.

## **POSITIVE CONFESSION**

You will come across a term used in this book - 'Faith Declaration' or 'Positive Confession'. What does it mean? How can it be used in prayer?

"Holy brethren you who participate in a heavenly calling, look to Jesus the Apostle and High Priest of your Confession (Profession)" Heb 3:1. Confession or profession here, means, to acknowledge, to agree with, or say the same thing God says about any given subject or thing, to line up our words with what God's Word says, to acknowledge what God's Word has declared.

A continual negative confession has bound and defeated many, but a positive acknowledgment of God's Word has produced bold and victorious Christians. This is one of the secrets of victorious Christian living. After a genuine repentance from sin we must confess what God says in His Word.

Many Christians have majored on negative confession, the acknowledgment of failure, sin, defeat, fear, inability, unworthiness, and so on, rather than the positive confession of what they are in Christ according to God's Word. Many talk of weakness, inferiority, unworthiness far too often, this hinders faith, negates God's Word binds them with fetters of inability, and builds a prison house for them. 'As a man thinks in his heart, so is he' Prov 23:7, 'From the abundance of the heart the mouth speaks' Mt 12:34. Our words identify us.

Faith declaration and positive confession enable you to walk out of your prison house of sickness, weakness, sin, failure, and so on. When we pray in line with God's Word He will watch over His Word to perform it Jer 1:12.

You need to feed your faith daily by God's Word. It is of utmost importance that you walk in line with His word. These faith declarations are based on God's Word. They are to be said aloud Lk 11:2, so that you can hear what you say. It would even help if you would close your eyes and concentrate whilst repeating them. When you hear yourself say them, they will register in your spirit. And when God's Word gets down into your spirit, it will control you life.

Although confessing God's Word positively in prayer and appropriating His promises is good and needs to be adhered to, we must understand that there is a place for suffering in Christian life, which builds character, prayer life, helps in spiritual growth and all round development. Many have listened to faith teachers and get the idea that they can sail smoothly through life without tests, trials, sufferings of any kind. The fact is that in this world we are going to have persecution or tribulation Jn 16:33 and with prospering we are not exempted from persecution. Some of our most difficult trials are God's way of leading us into a closer walk with Him. God works in all things for good if we trust Him Rom 8:28.

## **SCRIPTURE MEMORIZATION**

Scripture Memorization assignment has been provided to enable the reader to memorize scripture systematically. To begin with you are required to memorize one scripture a week. As time progresses and according to your own pace you can memorize more than one scripture a week. You could make your own table the next year. This is part of meditation. The most deeply spiritual men and women that Christianity has ever known have given time to meditate on the Word of God. The fact is that meditation helps to develop spiritual wisdom. God told Joshua that if he would meditate on the Word, his way would be prosperous and he would have good success or deal wisely on the things of life Jos 1:8. An important principle worked out here is transformation by the renewal of our minds through the Word of God Rom 12:1-2.

It is true that many Christians suffer unnecessarily because of their own wrongdoing, walking in unbelief, doubt, selfishness, disobedience. This is not the suffering the Bible speaks of. As we read the life of Paul and Peter we get some idea of what sufferings they went through. The most classic example however is of Jesus, who suffered to the point of death on the cross. There is also a lot of suffering that goes along with ministry. To strike a balance therefore in our Christian walk, the place of suffering is highlighted in this book Phil 1:29, as an important tool for a victorious prayer life. You may be currently going through hardships in your ministry, even deprived of the basic amenities of life. But if you are in the centre of God's Will and you have made His Kingdom your priority  
Mt 6:33, He will bless you and fill you with joy and supply all your needs according to His riches in glory by Christ Jesus Phil 4:19.



Let us study the tabernacle in the wilderness to get a clearer understanding when we pray.

## **THE TABERNACLE** [Exo 25-30; 35-40]

In the book of Exodus we read of the deliverance of the children of Israel from the Egyptian bondage. Moses received on the Mount, God's pattern and plan for the Tabernacle Heb 8:5. The Tabernacle speaks of God's dwelling place Exo 25:8; 29:45-46, the house of the Lord Exo 34:26. It served as a place of worship for the Israelites. This old tabernacle was but a shadow of the true ideal Heb 8:5; 10:1. Jesus was the one who tabernacled among the people "full of grace and truth". Every part of the Tabernacle, including its colours, speaks of Christ.

## **THE OUTER COURT**

This place stands for the Physical Body. The Outer Court was open to the sky, sun, moon and stars - a place of natural light.

## **THE BRAZEN ALTAR** Exo 38:30; 39:39

The altar was the only place of sacrifice for Israel. The approach to God was through a sacrificial offering on the Altar. It also assumed shed blood and fire.

The altar of blood sacrifices for the remission of sins, depicts Mount Calvary where Jesus the Lamb of God was crucified, slain, His blood shed for the remission of sins Heb 13:10.

As the priest stood before the brazen altar offering the animal blood sacrifice, so we stand before the cross of Jesus Christ offering the sacrifice of Jesus Christ. Next, we present our bodies as a living sacrifice to God Rom 12:1-2, in total dedication our sins forgiven and washed by the blood, the dominion of sin broken. We renew our minds by God's Word, and thus open ourselves to knowing His Will.

## **THE BRAZEN LAVER** [The place of washing]

It was made of brazen glasses Exo 38:8, filled with water, where Aaron and his sons washed their hands and feet when they went into the Tabernacle to offer sacrifices. As the priest washed his hands, feet and face with water before entering the Holy Place, so we members of the Royal Priesthood 1 Pt 2:9, cleanse ourselves with the pure water of God's Word Eph 5:26. The polished brazen laver acts like a mirror, so does God's Word as a mirror 2 Cor 3:18, show us our inner condition as we stand before God. We have an opportunity to judge ourselves and repent before it is too late. Before we enter the Holy Place we must be washed clean by the Blood of Jesus and the Word of God 1 Jn 1:7-9.

## **THE HOLY PLACE**

The area of revealed Truth, symbolizes the Soul - the will, mind and emotions. This place was illuminated by the seven golden lamp stands

**THE SEVEN GOLDEN LAMPSTANDS** - Represents the mind and the intellect. Its purpose was to give light Lev 24:2; Exo 25:37; Num 8:2-3. It illuminated the lamp stands, altar of incense, table of shewbread, the curtain (veil) and the walls. There was only one light in the Holy Place and no one could see this light except those who entered passing by the altar and laver. It speaks of Jesus the "Light of the world" who said, "You are the light of the world" Jn 1:4, 9; 8:12;

The Holy Spirit illuminates the mind of the believer. We need to yield to and be sensitive to the working of the Holy Spirit. Our stubborn mind must be captivated, and made humble. Jesus our example was truly meek and humble Mt 11:29.

**TABLE OF SHEWBREAD** - This was a table made of acacia wood overlaid with pure gold with twelve loaves of bread on it. They were called the Shewbread or the Bread of the Presence or the Bread of the Face. The Lord communed with His people through the Bread showing His presence in the Bread. They partook of Him in this manner. Jesus said, "I am the bread of life" Jn 6:48 and "He that eats My flesh and drinks My blood dwells in Me and I in Him" Jn 6:56. Whatever we eat becomes a vital part of us. It represents God's Word, which is His Will. God has made it possible for us to be partakers of His Divine nature by His Word, the Bread of Life 2 Pt 1:4.

It also represents our brokenness, surrender, and rededication. We decide to do His Will and in so doing emit the fragrance of Christ. We need to await His Rhema, His living Word for the present moment, which imparts faith and changes lives Rom 10:17.

## **THE HORNED ALTAR OF INCENSE [Exo 30:27; 31:8]**

Represents emotions, symbolic of worship.

It was made of acacia wood overlaid with gold. The high priest burned incense every morning and evening when he dressed the lamps of the seven-branched lamp stand

Exo 30:7. It is typical of Christ's ministry of intercession. The veil separated it from the Ark of the Covenant. The Altar of Incense was closest to the Holy of Holies. The final step that brings us into the presence of God is prayer. Our prayer life must deepen. Our praise in utterance should be a response to His love, and our worship in bowing, prostrating, should be a response to His holiness Ps 95. Our praise and

worship should be intense with the passion of our souls Ps 141:2. If there is no worship there can be no access to the Holy of Holies.

### **THE CURTAIN – VEIL** [Exo 26:31; 36:35; Mt 27:51; Heb 6:19; 10:20]

The Curtain that separated the Holy Place from the Holy of Holies in the Tabernacle was torn from top to bottom when Jesus died on the cross of Calvary. By this fresh new and living way He initiated and dedicated and opened for us the Curtain (veil of the Holy of Holies) through His flesh. The torn Curtain is synonymous with His torn flesh.

### **THE HOLY OF HOLIES**

Here God manifested Himself and spoke. This place stands for the spirit of the born-again man. The spirit of the born-again man has the faculties of conscience, communion, and intuition.

### **THE ARK OF THE COVENANT** [Deut 31:26. Col 1:27]

It was made of acacia wood overlaid with pure gold. It brings to mind that just as Noah and his people were saved from the flood by being in the ark so are you saved in Christ, - you have salvation, baptism, and new life. It also represents Christ in you the hope of glory.

The Ark of the Covenant contained:

#### **a) The Two Tablets of Stone** [Exo31: 18; 2Cor3: 3; Heb 10:16]

They depict the Father who is the source of all authority and law. They represented the unchangeableness of God's righteous law. The broken law was covered by the mercy seat. Only God the lawgiver could be the law-keeper. God has written His laws on our heart and only He can enable us to keep them.

#### **b) The Golden Pot of Manna - God's life.**

This depicts the Son who is the Bread of Life. Jesus is not only the Word of God but the Bread from heaven and the Rod of God, the branch that was cut off, which came to life and brought forth fruit Jn 11:25. We need to feed on the "THE WORD" which is Lord Jesus Christ.

#### **c) Aaron's Budded Rod - Divine Attestation.**

This depicts the Holy Spirit and His fruitfulness Ga 5:22. This brings to mind how, when Aaron's authority as High Priest was challenged, his rod budded with almonds giving him divine approval. In the same way Jesus was divinely attested and vindicated by His resurrection. The born-again are the authorized ones Mt 28:18-20; Lk10:19.

## **THE SHEKINAH GLORY** - God's manifest presence.

The Holy Of Holies was in total darkness, only illuminated by the Shekinah Glory of the Lord at His presence between the two cherubim and above the Mercy Seat. Our spirit was once dead, blind and in total darkness but on being united with God, He has come into our spirit with His glory and made it alive and bright Jn 17:22; 2Cor3:18.

## **CHERUBIM** - These represent fellowship. [1 Jn 1:3, 6, 7; 2 Cor 13:14]

The angels faced each other, with their wings meeting representing fellowship.

## **MERCY SEAT** - This represents revelation. [Heb 4:16; Eph 1:17]

It brings to mind Christ's atonement, that we are under the mercy of God Rom 3:25. If we are outside the ark we can expect no mercy, no access, no life. The mercy seat can be looked upon as a throne; the believer is seated with Jesus position ally on the heavenly throne, having the ministry of a king and priest.

Adopting usual forms of prayer can make prayer life more fruitful. Knowing this is one thing, and putting it into practice is another. Let us begin by putting the key ones into practice immediately.

- Pray much in the Spirit, pray in tongues.
- Meditate daily and regularly on God's Word.
- Confess God's Word positively and declare your faith regularly.
- Get rid of a continual negative confession.
- 'Put on' your Spiritual Armour.
- Praying the Ephesian Prayers regularly can enrich your prayer life with results.
- Use the Disciples' Prayer format, praying as the Lord taught His disciples.
- Do not forget to intercede for others
- Adopt the pattern of the Tabernacle instituted by God in the Old Testament, while you pray and you will have access to His person, presence and power.

To become aware of your need to be a powerful prayer warrior, I would like to suggest that you repeat these four specific things. Say them out aloud.

1. I am aware of my need to have a victorious prayer life.
2. I will pray much in the Spirit, I will pray in tongues and build myself spiritually.
3. I will follow my prayer schedule delightfully.
4. I will get rid of my continual negative confession.

**Section Two**  
**BEGINNERS**

## CHAPTER 3

### How to Spend an Hour in Prayer

(This section is for beginners who are struggling with their prayer life. You would do well to follow this pattern step-wise.)

#### Your daily time of prayer:

- Praise and Thanksgiving 10 Mts
- Repentance 10 Mts
- Spiritual Armour 10 Mts
- The Disciple's Prayer 15 Mts
- Listening or Waiting on the Lord 5 Mts
- Petition and Intercession 5 Mts
- Positive Confession and Faith declaration 5 Mts

Total 60 Mts

## 1. PRAISE AND THANKSGIVING

Spend time in praising and thanking and loving the lord.

Praise God for who He is, thank Him for what He has done for you and for others and express your love to Him in simple words.

## 2. REPENTANCE

Repentance calls for a change of mind about sin and a change of heart attitude toward sin. Acknowledge before God that you have sinned, then turn away from all wrongdoing. Take a positive step of not returning to your sinful ways again. Ask God for His forgiveness and thank Him for it.

## 3. SPIRITUAL ARMOUR OF PROTECTION

Say out aloud

- Satan, you are a defeated foe, and Jesus has dethroned you Col 2:15.

I break your power over my spirit, soul, and body, and in any way you would try to dominate me, and hinder my prayers, and I proclaim my deliverance and victory in the name of Jesus.

Father You are my refuge, my fortress, and my God Ps 91:2. You are my dwelling place Ps 90:1, I love You, and I know Your name Ps 91:9. By faith, I claim a hedge of protection around me and my loved ones Job 1:10; Ps 61:3.

In the name of Jesus, I confess your Word regarding the armour, and as I do so in faith, I keep placed on me the whole armour Eph 6:11. I hold fast to **my** confession of faith in your Word Heb 10:23.

I stand securely having girded my waist with the Girdle of Truth. Help me Lord to hold on to the Girdle of Truth. The Lord Jesus is the way, the truth, and the life Jn 14:6. I know the truth, and the truth of Your Word that keeps me free Jn 8:32. Enable me to understand Your Word clearly and hold fast to Your Word without wavering, for You are faithful to Your promises Heb 4:14; 10:23.

The Lord is my Righteousness I stand complete in Him. Jer 23:6, He became sin for me who knew no sin that I may be made the Righteousness of God in Him 2Cor5:21. Lord I claim Your Righteousness as my Breast plate Isa 59:17.

I put on the shoes of the Gospel, being prepared and eager to share the Gospel of Peace and intercede for the lost Rom 1:16.

The Shield of Faith protects me from all the fiery darts of the evil one. I advance with the shield of faith, and quench all the fiery darts of the evil one, claiming the victory Eph 6:16.

Thank-you Lord for covering my head in the day of battle Ps 140:7. You are my banner and 'Helmet of Salvation' Exo 17:15. I am your child, I have your mind, I have eternal life. I declare my freedom from any attack over my mind, through depression, oppression, etc. Help me to know wisdom and master my emotions. Protect me from turning away from the truth.

Father, because I revere and worship you, I have the assurance of your Word, that the angel of the lord encamps around me Ps 34:7, and delivers me from every evil work. No evil shall befall me no plague or calamity shall come near my dwelling Ps 91:10. I abide, remain stable, and fixed, under the shadow of the Almighty Ps 91:1.

The Word in faith is my sword and shield, which is active and alive Heb 4:12. Your Words are Spirit and Life and as a two edged 'Sword of the Spirit,' they come to me in time of my need as I pray on the basis of Your Word to me. I will obey Your Word no matter the cost.

My body is the temple of the Holy Spirit 1 Cor 6:19, redeemed from the hands of the evil one Ps 107:2. All my sins are forgiven. I am being continually cleansed from all sin 1 Jn 1:7. I am justified Rom 5:9, made righteous, sanctified made holy set apart unto God Heb 13:12. And all this is accomplished, by the Blood of Jesus. Therefore the devil has no place in me and no power over me and he is overcome by the blood of the lamb and by the word of my testimony Rev 12:11. Sin and sickness shall not lord it over me. I am not under the law, but I am under grace Rom 6:14.

Satan, I speak to you in the name of Jesus. You, and your cohorts are bound from operating against me and my family in any way. I break your power over me, I am loosed from your assignment. You are a defeated foe, Jesus dethroned you and all your cohorts. I am the property of Almighty God, my body is the temple of the Holy Spirit 1 Cor 6:19. I give you no place in me. I administer defeat to you. So Satan, sickness, disease, pain, evil, oppression, be gone and leave me, take your hands off me and my family, for we are God's property and God's hedge of protection is around us, and all our possessions, because we love God. He is our habitation, and we know His Name Ps 91: 1, 14. I walk victorious in the Name of Jesus. I am ruling my domain through grace and righteousness in Jesus Christ. Thank You Father.

Continue to praise and thank the Lord.



#### 4. THE DISCIPLE'S PRAYER LK 11:1-4

##### **OUR FATHER WHO ART IN HEAVEN, HALLOWED BE THY NAME -**

God is your Father, thank Him for making you His child. Begin to adore the names of God along with your faith declarations, corresponding with the benefits of the new covenant.

##### **Hallowed be Your Name Jehovah-Tsidkenu, the Lord my Righteousness**

Jer 23:5-6. May Your Name be praised and adored. I thank You for forgiving my sins. You are the Lord my Righteousness. I can reign in this life through grace and the free gift of righteousness Rom 5:21.

##### **Hallowed be Your Name Jehovah M'Kaddesh, the Lord my Sanctifier Lev 20:8.**

You are worthy to be praised and adored. I thank You for cleansing me from sin and making me holy, setting me apart for Yourself. You are the Lord my Sanctifier.

##### **Hallowed be Your Name Jehovah Shalom, the Lord my Peace Judg 6:24.**

May Your Name be exalted, praised and adored. Thank You for giving me the peace that passes all understanding Phil 4:7. You are my peace. In the most difficult situations I can relax with a confident assurance that the King of Peace is with me.

##### **Hallowed be Your Name Jehovah Shammah, the Lord is Present Ezek 48:35.**

My body is the temple of the Holy Spirit. Fill me to an overflowing with the Holy Spirit. You are present with me all the days of my life. I can never be lost, for You are always there with me. Underneath lie the everlasting arms Deut 33:27.

##### **Hallowed be Your Name Jehovah Rophe, the Lord my Healer Exo 15:26.**

May Your Name be worshipped. You are the Lord my Healer. Healing and health are mine. I am free to enjoy divine health. I will diligently hearken to your voice and do that which is pleasing in Your sight.

##### **Hallowed be Your Name Jehovah Jireh, the Lord my Provider Gen 22:14.**

May Your Name be glorified and adored. Thank You for ordaining my success, and providing for every one of my needs according to Your riches in glory by Christ Jesus. You are the Lord my provider.

**Hallowed be Your Name Jehovah Nissi, the Lord my Banner Exo 17:15.** May Your Name be proclaimed over the earth. May Your Name be adored. No evil shall befall me no plague or calamity shall come near my dwelling. The angel of the Lord encamps around me, and delivers me from every evil work Thank You for Your all round protection. When the enemy comes in, like a flood you will raise up Your Banner Exo 59:19. You are the Lord my Banner.

**Hallowed be Your Name Jehovah Rohi, the Lord my Shepherd Ps 23:1.** May I delight in the sweetness of Your Name. My heart bows before You. I worship and adore You. You are the Lord my Shepherd, there is nothing I shall lack. Revive me, anoint me O Lord. Oh the joy of knowing true security in You. The Name of the Lord is a strong tower Prov 18:10, the righteous are safe in it.

Take time to be quiet in His presence, bowing before Him in adoration. Listen to Him. He may want to say something to you. Wait in His presence. Surrender yourself to Him. He will fill you with His love.

### **THY KINGDOM COME THY WILL BE DONE**

Pray for yourself, family, church, nation, and nations of the world.

Father God, I pray in Jesus Name that Your Kingdom COME and Will be DONE in everything that pertains to my life, my job, home, children etc. Bless my life, make it fruitful, and meet my needs. I pray that I may not fall into temptation, that I may not do evil. that I may love everyone. I pray for the fullness of the Holy Spirit. I pray that my life will bring glory to Your Name. I pray for those who have mistreated me. I pray that I may have the desires that You want me to have Mention your specific needs. (Pray for your family members)

Father I pray that Your Kingdom COME and Will be DONE in the local Church. I pray for revival I pray for an open door to the ministry of the Word. Give our pastors a shepherd's heart (Pray for your pastor, leaders, fellowship, harvest).

Father I pray that Your Kingdom COME and Will be DONE in my city and nation, that the gospel be preached and a large harvest of souls be gathered in Your Kingdom, that there would be divine order in the city. I pray for our national and local leaders, that they would have the fear of God (Pray for the city, state, nation, national and political leaders). I pray that we may lead a

quiet and peaceful life. (Read the local newspapers to see what you can pray for). Pray for the peace of Jerusalem.

### **GIVE US THIS DAY OUR DAILY BREAD**

It is God's Will to prosper you 3 Jn 2. You need to be in the will of God in all matters--prayer life, church, work habits, obedience in giving, stewardship and so on. Present your needs and petitions to the Father in prayer. Be specific in asking God for your needs, but do not forget to seek first the Kingdom of God and its needs and conduct yourself in right living. Then all things will most assuredly be added unto you. Be always thankful. Give and you shall be given pressed down and overflowing, Ask and you will receive Mt 7:7

### **AND FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS.**

Forgive and release others. Ask God to forgive you. Decide to forgive those who will sin against you. For if you do not forgive neither will your Heavenly Father forgive you your sins Mt 6:15.

Lord I acknowledge I have sinned against You and others (mention the sins). Forgive me Lord, and cleanse me from all unrighteousness by Your precious Blood. I forgive all those who have sinned against me (mention names) and I forgive in advance those who may sin against me today. Heal me Lord.

### **AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL.**

(You have already put on the 'Armor of God' earlier)

### **FOR THINE IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER.**

Make your faith - declarations. - Glory be to the Father, the Son and the Holy Spirit. For Thine is the Kingdom, the power and the glory now and forever Amen. Keep praising and thanking the Lord. You may sing songs in line with your declaration.

### **5. SPEND TIME WAITING ON THE LORD AND LISTENING TO HIM.**

Ps 62:5; 130:5-6; 1 Sam 3:9; Jn 10:27.

You need to wait till He makes His presence known. You need to attend to Him. We need to be sensitive to His Spirit and cultivate a listening ear. Do not be in a hurry and leave your time of prayer. He may be wanting to speak to you, are you willing to wait and listen? This may come about in a variety of ways - through impressions, a scripture that lingers in your mind, by inward witness and so on. Expect to hear from Him.

- 6. **PLACE YOUR PETITIONS AND INTERCESSIONS BEFORE THE LORD.**  
Place your intercessions before the Lord. You could pray for your family, Church, Nation, community, friends and other needs.
- 7. **END YOUR TIME OF PRAYER WITH POSITIVE CONFESSION AND FAITH DECLARATION.** (Each day of the month)

**POSITIVE CONFESSION** (Quick reference as per the day of the month)  
[One for each day of the month]

<b>1</b> Righteous-ness and Holiness	<b>2</b> Forgiveness, Prosperity, Healing & Health	<b>3</b> Redeemed	<b>4</b> Protection	<b>5</b> Confess and Possess, Guidance	<b>6</b> Victory, Confess and Possess	<b>7</b> Promises
<b>8</b> Covenant Rights	<b>9</b> Petition	<b>10</b> Power Of Attorney	<b>11</b> Redeemed	<b>12</b> Testing & Trial	<b>13</b> Righteousness and Holiness	<b>14</b> Healing & Health
<b>15</b> Prosperity	<b>16</b> Power Of Attorney	<b>17</b> Power Of Attorney	<b>18</b> Power Of Attorney	<b>19</b> Power Of Attorney	<b>20</b> Redeemed	<b>21</b> Fellowship with God
<b>22</b> Spiritual Conflict	<b>23</b> Healing & Health, Strength	<b>24</b> Prosperity	<b>25</b> Suffering	<b>26</b> Fellowship with God	<b>27</b> Victory	<b>28</b> Prosperity
<b>29</b> Victory	<b>30</b> Strength					

- 1** I am His offspring, consecrated, purified, sanctified, justified by His blood. I am freed from guilt, made righteous freely by His grace, with the free gift of righteousness, and I reign as a king in this life Rom 5:21, through the anointed one. I have life in Christ Jesus, who is my wisdom from God, my righteousness, my consecration, and my redemption. I have liberty, and a faith that works by love Ga 5:6. I will be regarded favourably, approved and accepted if as in the eyes of God I endure patiently, the pain of unjust suffering.
- 2** I have all the promises of God, which in Him are yes 2Cor1:20. I can do all things in Christ Jesus who strengthens me. In Him I dare to have boldness, courage confidence, to approach God without fear. Jesus my perfect substitute was punished that I might be forgiven, wounded for my healing, made sin with my sinfulness, that I might be made righteous with His righteousness, died in my place that I might share His life. He became poor with my poverty 2 Cor 8:9, that I might become rich and share His abundance. As Jesus learned obedience through suffering, so must we follow His example Heb 5:8.
- 3** I am a son of God, an heir of God Ga 4:7, and a joint-heir with Jesus Christ with power over all the power of the enemy. I am under the rule of Lord Jesus Christ in the kingdom of love, He created for me and not under the devil's rule. Jesus has redeemed me from the curse of the law Ga 3:13, which includes sickness, by being made a curse for me.
- 4** The bolts of my gates shall be iron and bronze, and my strength shall equal my days Deut 33:25. I am more than a conqueror through him that loved me. He always makes me triumph in Him. He that is in me is greater than he that is in the world 1 Jn 4:4. There is no God like the God of Jeshurun, who rides on the heavens to help us, and on the clouds in His majesty Deut 33:26.
- 5** God is director of my life, my steps are ordered of the Lord Prov 16:9. If I commit my ways to Him, He will direct my paths. He is going to guide my footsteps, and keep me in all my ways. I look to Jesus, the Apostle and High Priest of my confession Heb 3:1. I acknowledge, agree, say the same thing God has declared, and line up my words with what God's Word says, holding fast to my confession. I believe and confess what God's Word declares me to be Rom 10:9-10. I confess the Lord and His Word, and He confesses me before the Father. He confesses what I confess Mt 10:32.

- 6** I am not moved by what I see, but by what I believe. I am independent of circumstances. The confession of my lips, testifies of my faith. I am made a bold and victorious Christian. By confessing God's Word. Victory is mine. I am in conquest area. I dare to confess, I am what God says I am today, I believe that I can walk out of my prison house of sickness, weakness, sin, failure etc.
- 7** For all the promises of God find their yes in Him 2 Cor 1:20. That is why we utter the Amen through Him, to the glory of God. God is not a man that He should lie, neither the son of man that He should repent. Has He said and will He not do it? Or has He spoken, and shall He not make it good? Num 23:19. It is impossible for God to lie. The Scriptures cannot be broken. God watches over His Word to perform it.
- 8** God says my covenant I will not break, nor alter the Word that has gone out of my lips. I have spoken it, and I will bring it to pass, I am mindful of my covenant Ps 89:34. There is no Word from God that is void of its performance. He who has promised is faithful Heb 10:23. There has not failed one Word of all His good promises. God says I am the Lord of all flesh, is there anything too hard for me?
- 9** God says, My Word that goes out of My mouth shall not return empty, but it shall prosper in the thing for which I sent it Isa 55:11. He says, I am the Lord and I change not. And this is the confidence, which we have in Him, that if we ask anything according to His Will, He hears us. And if we know He hears us, then our petitions are granted 1 Jn 5:14-15. He is faithful who keeps covenant and mercy to those who love Him and keep His commandments to a thousand generations.
- 10** The Name of Jesus, belongs to me personally, and in the Name of Jesus, I lay hands on the sick, and they shall recover Mk 16:18. He has delivered me, and conquered Satan personally for me. I am redeemed absolutely from the hands of the devil. Redemption is mine. I am more than a conqueror  
Rom 8:37, chosen, appointed, elected, stamped with the seal of the Holy Spirit, an heir of God, and a joint-heir with Jesus Christ.
- 11** I am a part member of the Body of Christ, mutually dependent on others, God's workmanship Eph 2:10, recreated in Christ Jesus, born-anew to do the works which God planned beforehand for me, that I should walk in them. Jesus bore my shame that I might share His glory. Jesus endured my rejection that I would be accepted as a child of God. Jesus became a curse

so that I would receive a blessing. Jesus was cut off by death, that I might be joined to God eternally. Christ suffered for me, leaving me His personal example, so that I should follow in His footsteps.

- 12** The Lord assists, relieves, and delivers me in times of temptations, testing, and trials. I have Jesus Christ the High Priest of my confession Heb 3:1. He is the guarantee of a better and stronger and more advantageous agreement. I have Jesus my intercessor who lives to make petition-intercession-intervention on my behalf.
- 13** I am being filled with the fruits of righteousness through Jesus Christ, and His glory is being manifested and recognized through me. The eternal God is my refuge, and underneath lie the everlasting arms Deut 33:27. I believe I am, what God's Word declares me.
- 14** God I know You are Jehovah Rapha who heals me. You will take sickness away from me and fulfill the number of my days Exo 23:25. You will give me a full term of life. Jesus, You have legally borne my sicknesses as well as my sins. The devil cannot put it upon me if I resist him.
- 15** God said that He would not withhold any good thing from those who walk uprightly. I need to keep confessing my spiritual heritage. I overcome the devil, by the Word of God in my testimony and through the Blood of the Lamb Rev 12:11.
- 16** The Name of Jesus belongs to me as a Christian. I am authorized to use the Name of Lord Jesus Christ on the earth. I have been given power of attorney, the right to use His name and receive my miracle. His Name is above every other Name; therefore everything in the universe has to bow to His name, whether it is sickness, problems, or any other thing.
- 17** Signs and wonders will follow me, simply because I make bold to speak in the name of Jesus. His Name is my legal right and inheritance, my key to prayer, by which I can reign in this life as a king. The Name of Jesus has all His authority, power, dignity, glory and conquest over the devil, sin, sickness, disease, and the dethroning of the enemy. Jesus' name stands for His person. It releases signs and wonders Mk 16:17-18. It gives me authority over demons.
- 18** The Name of Jesus has authority in heaven, earth, under the earth, at the throne of God, over the demons of hell, against sickness, disease, oppression, and depression. Jesus has set me free. He hears and answers my prayer when I ask in His Name Jan 16:23. In His Name I walk victoriously.

- 19** The Name of Jesus belongs to every believer and that includes me. I am a child of God, a child of light, strong in the Lord and in the power of His might Eph 6:10, bestowed with grace and heavenly blessings, enriched in full power and readiness of speech, with complete knowledge and illumination.
- 20** I am washed clean, purified by a complete atonement for sin, and made free from the guilt of sin. I am consecrated, set apart, hallowed, justified by trusting in the Name of the Lord Jesus Christ and in the Holy Spirit. Lord Jesus Christ I believe that You are the Son of God, and the only way to God; You stripped Yourself of all privileges and rightful dignity so as to assume the guise of a servant, to become like man and be born a human being Phil 2:7-8. You abased and humbled Yourself still further and were obedient to the point of death on the cross. You died on the cross for my sins and rose again from the dead. You are truly my example. I stand amazed.
- 21** I have peace with God, access to His grace, enjoy reconciliation, and have eternal life. I have deliverance from sin's dominion, through His life. Saved by His grace through faith Eph 2:8. I am no longer a slave to sin; my body is the temple of the Holy Spirit being dead to sin and its fellowship, bearing fruit for God, to live in unbroken fellowship with Him. God is all the while at work with me, making me what I ought to be.
- 22** The weapons of my warfare are mighty in God, with them I can pull down the strongholds that Satan has built in my mind 2 Cor 10:4. I endeavour to bring all my thoughts into obedience to Christ. Proclamation, thanksgiving, and praise are my mighty weapons.
- 23** I can do all things in Christ who empowers me Phil 4:13. God's strength is made perfect in my weakness and so when I am weak then I am strong 2 Cor 12:10. He will take sickness from the midst of me, The number of my days He will fulfill. Jesus took my infirmities, and bore my sicknesses, and with His stripes I am healed.
- 24** He said that I would be like a tree planted by rivers of water Ps 1:3, that I would bring forth my fruit in season, and whatever I did would prosper.
- 25** When Christ was reviled and insulted, He did not revile or suffer insult in return. When He was abused and suffered, He made no threats of vengeance, but He trusted Himself and everything to Him who judges fairly.



- He personally bore my sins on His body on the tree that I might die to sin and live to righteousness. By His wounds I have been healed 1 Pt 2:24.
- 26** I am crucified with Christ, nevertheless I live, yet not I but Christ lives in me Ga 2:20. When He was buried, I was buried with Him in baptism. When He came out of the grave, I was brought out of the water to walk in the newness of life. I am identified in the throne room, for He has raised me with Him in the heavenly realms.
- 27** It is recognizing the blood of Jesus and the Word of God that overcomes the devil Rev 12:11. I submit to God, and resist the devil, standing on God's Word. I am a participant of the victory of our Lord Jesus Christ.
- 28** God said that He would not withhold any good thing from those who walk uprightly Ps 84:11.
- 29** I need to keep confessing my spiritual heritage. I overcome the devil, by the Word of God in my testimony and through the Blood of the Lamb Rev 12:11.
- 30** I can do all things in Christ who empowers me Phil 4:13. God's strength is made perfect in my weakness and so when I am weak then I am strong.

**FAITH DECLARATION** (Quick reference as per the day of the month)  
 [One for each day of the month]

<b>1</b> Provision	<b>2</b> Overcoming	<b>3</b> Deliverance	<b>4</b> Testing & Trial	<b>5</b> Honour	<b>6</b> Preserve	<b>7</b> Security
<b>8</b> Faith	<b>9</b> Provision	<b>10</b> Redeemed	<b>11</b> Redeemed	<b>12</b> Redeeme d	<b>13</b> Power Of Attorney	<b>14</b> Lordship
<b>15</b> Power Of Attorney	<b>16</b> United	<b>17</b> Indwelling	<b>18</b> Indwelling	<b>19</b> Indwelling	<b>20</b> Indwelling	<b>21</b> Indwelling
<b>22</b> Good News	<b>23</b> Good News	<b>24</b> Love	<b>25</b> Provision	<b>26</b> Love	<b>27</b> Provision	<b>28</b> Fruit bearing
<b>29</b> Humility	<b>30</b> Power Of Attorney					

- 1** My Father is El Shaddai, the God who is more than enough. He is my very own Father. He is more than enough to set aside any obstacle confronting me.
- 2** I believe God. He is more than enough for me today. He will help me overcome any situation that may come up. He is my strength  
Ps 27:1.
- 3** He delivers me because I love Him. He is my God who is more than enough. He is all-powerful. He is the All Sufficient One. He always watches over His Word to perform it. He always keeps His promises  
2 Cor 1:20.
- 4** Blessed be the God and Father of our Lord Jesus Christ, who comforts, consoles and encourages us in every trouble or distress, with the comfort which we ourselves are comforted and encouraged by God. Regardless of the test or trial, El Shaddai is with us to deliver us. And He is more than enough.
- 5** Because I love Him, He will set me on high and honour me  
Ps 91:14-15. He loves me dearly. He is the King of kings and Lord of lords. I am very closely associated with Him who is the God who is more than enough.
- 6** Because I love him, He will satisfy me with long life Ps 91:16. I will live to serve Him. I will work together with Him to carry out His will on the earth.
- 7** Because I love the God who is more than enough, He helps me.  
I will draw fearlessly, confidently and boldly to the throne of grace, to receive mercy for my failures and find grace to help in time of every need  
Heb 4:16.
- 8** The Gospel is the power of God Rom 1:16, for my deliverance, safety, preservation, healing and health. I will please Him by doing what I am designed to do. The Bible says that without faith it is impossible to please God. So I purpose to walk by faith and not by sight 2 Cor 5:7. I will walk with God. I will fellowship with Him. I will not be dominated by sin, sickness or the devil.
- 9** Thank You Father for providing me with a new divine nature. Help me to avail and live out this new nature.

- 10** The Lord Himself gave a sign, a wonder Mt 1:23. A virgin did conceive and bear a Son. His Name was called Emmanuel, God with us. He came to redeem us. Thank You Father for Your great plan of redemption, through Your Son.
- 11** Thank You, Father, for Your great plan of redemption. I am so glad You sent Jesus to redeem us.
- 12** God is the Alpha and the Omega Rev 1:8. He has no beginning and no end. He came forth into this world to redeem me from the rule of Satan. I can trust the Almighty, the Greater One, with my life.
- 13** Jesus is my Lord. He is the Lord of glory, Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace Isa 9:6, the Only Begotten Son of God, the Alpha and Omega, Beginning and the End, First and Last, the Son of the Highest, Bread of life, Holy One of God, King of kings, Lord of lords, Lord and Saviour, Word of God. This is my Lord and Master.
- 14** Lord Jesus Christ is Worthy. He is Divine. He came from glory to be the Mediator, the Head of the Church, the Saviour, the Judge, the Preserver, the Life-Giver, Lord and Saviour. I thank God, that He is my Lord.
- 15** Thank You Jesus for being made in the likeness of men, for emptying and humbling Yourself, becoming obedient unto death, yes, even to the death of the cross. Thank You Father for highly exalting Him, giving Him the Name, which is above every other name. At that Name, my knee does bow, and my tongue does confess that Jesus Christ is Lord to the glory of the Father Phil 2:10-11.
- 16** Jesus came and dwelt in the flesh, became like me, so that I could become like Him and be eternally united with the Father.  
Jesus is my High Priest who is able to understand, sympathize and have a shared feeling with my weakness, infirmities, liability to assaults of temptations and assists me in similar situations because He too was tempted, tested and tried in every respect as I am, yet without sinning.
- 17** Today Jesus Christ sits at the right hand of the Father as Mediator, Intercessor, Advocate and Lord. Jesus bridged the gap for me. Spiritual death departed from my spirit and God's own Life and nature took its place. This was all His doing. Now God lives in me. He dwells in my spirit.

- 18** I am crucified with Christ, nevertheless I live, yet not I, but Christ lives in me, and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself for me Ga 2:20.
- 19** I have received Christ I have received new life. I am a son of God. And because I am, God has sent forth the Spirit of His Son into my heart, crying "Abba, Father". I am no more a servant; but a son. I am an heir of God through Christ  
Rom 8:15.
- 20** Jesus has revealed God the Father to me. He's like Jesus! He is a good God and I do trust Him.
- 21** Jesus says that He and the Father are one Jn 10:30. I know what the Father is like. He's just like Jesus! He's a God of love. He has a Father's Heart. He's my very own Father. I am His own child.
- 22** I imitate the heavenly host by praising God, for sending 'Good Tidings Of Great Joy'! For sending a Saviour Christ The Lord! Let us praise Him for allowing us to gaze upon His Glory.
- 23** God so loved the world that he gave His only Son that whosoever believes in Him will not perish but have eternal life Jn 3:16.
- 24** Jesus came to reveal the love side of God. I will meditate on God as Jesus revealed Him until I really know Him deeply as my Father, the God of love.
- 25** My Heavenly Father knows my needs, therefore I do not worry of what I shall eat or drink, or what I shall wear. Having sought first the kingdom of God and His righteousness, I believe all things I need are being added unto me Mt 6:33.
- 26** I show my love for Jesus, by trusting God to help me keep His commandment to love others as He has loved me.
- 27** Good parents know how to give good gifts to their children. How much more will my Father in heaven give me good things when I ask Him? Mt 7:11.

**28** Thank You Jesus for being made in the likeness of men, emptying Yourself, humbling Yourself, becoming obedient unto death, yes, even to the death of the cross.

**29** Thank You Father for highly exalting Him, giving Him the Name, which is above every other name. At that Name, my knee does bow, and my tongue does confess that Jesus Christ is Lord to the glory of the Father.

**30** My Heavenly Father knows my needs, therefore I do not worry of what I shall eat or drink, or what I shall wear. Having sought first the kingdom of God and His righteousness, I believe all things I need are being added unto me Mt 6:33.

## **SECTION THREE**

# **DEEPENING YOUR PRAYER LIFE**

## CHAPTER 4

### A TITHE OF TIME

This section deals with believers who have had a prayer experience and earnestly desire to deepen their prayer lives and grow spiritually.

Try to follow this pattern step-wise.

- |                                             |                |
|---------------------------------------------|----------------|
| • Praise and Thanksgiving                   | 20 Mts         |
| • Repentance                                | 10 Mts         |
| • Spiritual Armour                          | 10 Mts         |
| • The Tabernacle Prayer                     | 30 Mts         |
| • Listening or Waiting on the Lord          | 20 Mts         |
| • Positive Confession and Faith declaration | 10 Mts         |
| • Ephesian Prayers                          | 10 Mts         |
| • Petition and Intercession                 | 30 Mts         |
| • Scripture Memorization and Meditation     | <u>10 Mts</u>  |
| (A tithe of time)                           | <u>150 Mts</u> |



## 1. PRAISE AND THANKSGIVING

Covered in Section 2

## 2. REPENTANCE

Covered in Section 2

## 3. SPIRITUAL ARMOUR

Covered in Section 2

## 4. PRAYING THE TABERNACLE PRAYER

You must learn to pray in your own words, on the basis of the furnishings described in the Tabernacle. They all have spiritual applications. Visualize the entire tabernacle and its furnishings. Pray aloud with understanding. You must begin praying at the Outer Court, continue praying through the Holy Place until you end praying at the Holy Of Holies. In order to help you pray in this form, you may use the following prayer.

Let your physical senses be involved through visualizing, lifting up hands, standing up, praying aloud with understanding - thinking, reflecting, meditating, as though you were present offering the sacrifice.

## OUTER COURT

### Brazen Altar:

Stand at the foot of the cross of Jesus, Who is our sacrifice. Picture Jesus, His blood poured out.

Heavenly Father, I come to You in the Name of Jesus, the one and only way into Your presence. I thank You for the Holy Bible, which tells me of the life, death, burial and resurrection, of Jesus.

Heavenly Father as the priest stood before the brazen altar so I stand before the cross of my Saviour Jesus Christ at Calvary, which is my brazen altar.

I offer You, Jesus Christ, my sin and trespass offering. Through the shed blood of Jesus Christ all my sins are forgiven 1 Jn 1:7. Sin has no more dominion over me. I am cleansed by the blood, made righteous in Jesus Christ. I come into you presence without any condemnation, separated from the world, and reconciled unto You. I am under the blood. I am cleansed, reconciled, restored. Through the sacrifice of Jesus and by faith in His Blood I am accepted and forgiven, set free from sin. I can enjoy healing and health. The joy of the Lord is my strength Neh

8:10. I am an overcomer. I thank and praise You Father for filling me with Your love. Thank You for making me your own child and putting the Holy Spirit within me.

I thank and praise you Father that Jesus became a sacrifice redeeming me from the curse of the law, by offering Himself as a curse on the cross. I am free from the curse, and I am under His blessings. All my labour shall be fruitful. I have freedom from poverty sickness and spiritual death, and every other effect of the curse. I truly can enjoy the blessings that make rich and add no sorrow. Surely goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Lord forever Ps 23:6.

Thank You Father that Jesus became a sacrifice for death, by dying in my place. I have overcome through Jesus Christ. Death and hell no more have a hold on me. I enjoy eternal life here and now.

I present myself as a living sacrifice, totally dedicated unto You, as my spiritual worship. And I will not be conformed to this world, but I will be transformed by the renewing of my mind by the Word of God Rom 12:1-2.

### **Brazen Laver or Wash Basin**

[Examine yourself and confess your sins - repentance]

Heavenly Father, as I stand bending in front of the washbasin, I humble myself. Your Word shows me my inner condition before You. I repent and confess my sins. I understand that I cannot enter the Holy Place without cleansing myself. Thank you for cleansing me by the blood of Jesus and by Your Word.

### **HOLY PLACE**

Enter the Holy Place stopping before every furnishing, thinking, reflecting, meditating, and praying aloud with understanding

### **Lamp stands**

Spirit Of God my Comforter, my helper, I love and appreciate You, I depend on You. Illuminate my mind; grant me wisdom to solve life's problems. I humble myself before You. Your ways are higher than my ways and Your thoughts are higher than mine Isa 55:8-9. Help me not to lean on my own understanding, but in all my ways trust and acknowledge You. Give me the fear of the Lord. Help me to intercede. Help me to understand God's Word know His will and to discern. Help me minister to others. Let Your anointing in me break down satanic strongholds, and deliver people. Give me a spirit of reverence and fear of the Lord; help me to

have an awesome reverence for You. Dear Holy Spirit, anoint me, fill me and lead me. I worship You.

### **Table Of Shewbread**

Father, I worship Your Word. Help me to understand the Logos, the written Word of God, and receive a Rhema (God's living Word) Rom 10:17 from it spoken from time to time at the point of my need and the needs of others. Let my will and my ways be exposed to You. I yield and rededicate myself to You. I have decided to do Your Will. Help me to watch and pray at all times Lk 21:36. And as I walk through this life, may I emit the fragrance of Christ. Let Your presence be manifested in my life.

### **Horned Altar Of Incense:**

Father Creator of heaven and earth I worship You. Thank You for making me Your child. I love You Father, I worship You.

[Spend time with the Lord whole heartedly praising and worshipping Him, expressing your love to Him, bowing and prostrating before Him]

### **The Curtain [Veil]**

Enter into the Holy of Holies, through the veil / torn flesh of Jesus covered with his precious blood.

## **HOLY OF HOLIES**

You enter the Holy of Holies in the attitude of worship standing before the "Ark of the Covenant", the throne of God, bowing down, adoring the Lord, Worship God in spirit and truth Jn 4:24 - reflect on the furnishings and dwell in His presence with quietness. Keep loving Him. Be sensitive to His Spirit. He wants to speak to you, guide you and anoint you.

### **Ark of the Covenant**

Heavenly Father I thank and praise You that I am saved by the blood of Jesus, freed from the law, condemnation, rituals, and the kingdom of darkness. I am saved by grace and not by works. Thank you for your mercy. The blood of Jesus testifies that I have received eternal life.

I am in the Kingdom of God. I am a new creation in Jesus Christ 2 Cor 5:17. I am in Christ and Christ is in me. The lawgiver has become the law-keeper in my heart.

Thank You Father for writing Your laws in my heart, thank You for Your mercy. Thank You Jesus for being the High Priest of my confession divinely approved and vindicated by the court of heaven.

Come Holy Spirit and fill my heart, with Thy glory. Help me to have a loving fellowship with You, the Father and the Son. Thank You for Your holy angels that encamp around those who fear the Lord and that includes me Ps 34:7, and who deliver them from every evil work. I love You, I bow before You and I worship you. (Continue to worship the Lord.)

## 5. LISTENING OR WAITING ON THE LORD.

Spend time in quietness before the Lord hear what he has to say. He says in His Word 'My sheep hear My voice and they follow Me'. So listen to Him and obey His commands. Pour out your love upon Him.

## 6. POSITIVE CONFESSION AND FAITH DECLARATION.

(Quick reference as per the day of the month)

<b>1</b> Protection	<b>2</b> Protection	<b>3</b> Blessing	<b>4</b> Anxiety	<b>5</b> Fear	<b>6</b> Protection	<b>7</b> Faith
<b>8</b> Temp- tation	<b>9</b> Power Of Attorney, Anointing	<b>10</b> Protection	<b>11</b> Protection	<b>12</b> Protection, Fear	<b>13</b> Blessing, Ability	<b>14</b> Protection, Anointing
<b>15</b> Occult, Release From curse	<b>16</b> Strength	<b>17</b> Guidance	<b>18</b> Healing & Health	<b>19</b> Healing & Health	<b>20</b> Healing & Health	<b>21</b> Healing & Health
<b>22</b> Provision	<b>23</b> Righteous- ness, Prosperity	<b>24</b> Power Of Attorney	<b>25</b> Protection Healing & Health	<b>26</b> Guidance, Ability, Strength	<b>27</b> Guidance, Liberty	<b>28</b> Provision
<b>29</b> Cares	<b>30</b> Protection Position, Strength					

- 1** Lord God You are my refuge, my fortress, my God! In You I put my trust. Your hedge of protection surrounds me and my family, my home and all I have. Thank You for blessing the work of our hands, and increasing our possessions, spiritual and material. Thank You for giving us Your holy angels to take charge of us, deliver us from every evil work and guard us in all our ways Ps 34:7, for we fear You with reverence in our heart. You are our hiding place; You will preserve us from all trouble.
- 2** You are my refuge and my strength; a present help in trouble Ps 46:1. You stretch forth Your hand against the wrath of my enemies and save me. Lord You have not given me a spirit of fear, but of power, love, and a sound mind.
- 3** In Christ I am alive. I am the righteousness of God in Him 2 Cor 5:21. I am redeemed from the curse of the law, an inheritor of the blessings of Abraham, clothed with Christ, no more a servant but a son. I am a new creation 2 Cor 5:17, delivered from the powers of darkness, more than a conqueror, heir of God, joint heir with Jesus Christ blessed with all spiritual blessings. I have His power that is immeasurable, unlimited, surpassing in greatness, residing in me, through which He raised Jesus from the dead and seated Him by the Father's right hand in the heavenly places, above all rule and authority power and dominion, and every name that is named, above every title that is conferred and put all things under His feet, [ which are ours ], and appointed Him to be the Head of the Church which is His body and raised us up together with Him and made us to sit down together with Him in the heavenly places Eph 1:19-22.
- 4** I am casting the whole of my care, anxieties, worries, concerns once and for all on Him, for He cares for me affectionately and watchfully 1 Pt 5:7. God is able to make all grace abound towards me that I always having all sufficiency in all things may have abundance for every good work.
- 5** In the Name of Jesus I submit to God and I resist the spirit of fear, which has to flee from me Jas 4:7. I acknowledge I am what God has declared me to be. I am saved, healed, and delivered.
- 6** As I confess God's Word, my faith is strengthened by the Word. The Lord is my shepherd I shall not want. He is going to lead me in the paths of righteousness for His Name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil. for His rod and staff will comfort me. He prepares a table before me in the presence of my

enemies. Goodness and mercy, not sickness and disease will follow me all the days of my life and I will dwell in the house of the Lord forever Ps 23:4-6.

**7** He that has begun a good work in me will bring it to completion. He is the vine and we are the branches. If the vine is healthy, the branches are healthy too. By grace I am saved through faith. We are His workmanship created in Christ Jesus unto good works, which God has ordained beforehand that we should walk in them.

**8** No temptation will overtake me 1 Cor 10:13, for God is faithful and will not let me be tempted beyond my strength, providing a way of escape. Sin and sickness shall not have dominion over me, for I am not under the law but I am under grace. For this purpose, the Son Of God was manifested that He might destroy the works of the devil 1 Jn 3:8.

**9** For He who calls on the Name of the Lord will be saved. If God be for us who can be against us? Perfect love casts out fear 1 Jn 4:18. He always causes me to triumph in Him. I am more than a conqueror in Him who loved me. He has delivered me and yet shall deliver me and preserve me into His eternal kingdom. I have authority to bind and loose. The yoke of bondage shall be destroyed because of the anointing. Greater is He that is in me than he that is in the world 2 Cor 4:4. Let the weak say I am strong. I therefore say I am strong.

**10** He has delivered me from the powers of darkness. No weapon that is formed against me shall prosper Isa 54:17. I have authority over all the power of the enemy and nothing shall hurt me. I stand still and see the salvation of the Lord.

**11** When a man's ways please the Lord He makes His enemies to be at peace with Him Prov 16:7. Out of the mouth of babes and suckling you have ordained strength that You might still the enemy and the avenger. Therefore I will praise You.

**12** He that dwells in the secret place of the most High shall dwell under the shadow of the Almighty Ps 91:1. No evil shall befall me and no plague shall come near my dwelling. The Lord is faithful; He will establish and keep me safe from evil. The Lord is the strength of my life Ps 27:1, of whom shall I be afraid? The Lord is my strength and deliverance. Even though I walk through the valley of the shadow of death, I shall fear no evil. I am the redeemed of the Lord. The name of Jesus belongs to me.

- 13** I have God's ability, because I have God's nature. A new creature am I, with God's ability to perform the good works prepared beforehand for me to walk in. I have dwelling in me the same mighty wonderful Spirit that raised Jesus from the dead. I am blessed with spiritual blessings in the heavenly places Eph 1:3. I am chosen before the foundation of the world, redeemed, delivered, saved through His Blood, forgiven of all sins, shortcomings, trespasses. I am out of the control and dominion of darkness, transferred into the Kingdom of the Son
- 14** I have the Greater One who dwells in me. Greater is He that is in me than he that is in the world. I have the anointing from Him that resides, abides permanently in me and as He teaches me concerning everything, so I abide in Him 1 Jn 2:20, 27.
- 15** I renounce the occult or satanic I commit myself to destroy any contact objects. I cancel all Satan's claims against me. I walk in the light as He is in the light and I have fellowship with others, and the Blood of Jesus Christ cleanses me from all sin and unrighteousness. Lord Jesus thank You for releasing me from every curse over my life when You bore it on the cross Ga3:13. By faith I now receive my release and I thank You for it. This is the day which You have made, I will be glad and rejoice in it.
- 16** As my days are so shall my strength be. The Lord is the strength of my life. He is my strength and my deliverance, of whom shall I be afraid? Let the weak say I am strong, I will therefore say I am strong 2 Cor 12:10.
- 17** He said call unto Me, and I will answer you and show you great things that you are not aware of Jer 33:3. Before I call He answers He will develop my life He will give me health. He will enlarge me to be a blessing, a light in this world of darkness
- 18** If you diligently hearken to the voice of the Lord your God, and do that which is pleasing in His sight, and obey all His commandments, and keep all His statutes, then I will put none of these diseases upon you which I put upon the Egyptians, for I the Lord your God am your Doctor, that is healing you, and keeping you in continual health, and I never fail and I never change Exo 15:26.
- 19** I worship You O Lord my God, and Your blessings shall be upon your my food and water, and You will take sickness away from me. There shall be no miscarriages, nor barrenness in your land) You will give me a long span of life Exo 23:25.

**20** In my Name they will lay hands on the sick and heal them Mk 16:17-18. I am recovering because God said so. The prayer of faith shall save a sick man, and the Lord shall raise him up. God says, with long life will I satisfy him and show him My salvation. But for you who fear My name the Son Of Righteousness shall arise with healing in His wings. Do not be wise in your own eyes, fear the lord and shun evil. This will bring health to your body and nourishment to your bones.

**21** The joy of the Lord is my strength Neh 8:10. As my days are so shall my strength be. He gives power to the faint, and to those who have no might He increase strength. He gives strength and power to His people. I confess God's Word abides in me, and releases unto me perfect soundness of mind and wholeness of body and spirit from the depth of my immortal spirit, even to the joints and marrow of my bones, and that Word is medicine to all my flesh. I stand in the full assurance that I have healing and health now, in the Name of Jesus, who is the High - Priest of my confession.

**22** My God shall supply all my needs according to His riches in glory in Christ Jesus Phil 4:19. Having proved God with tithes and offerings, I am keeping myself open to receive His abundant blessings that makes rich and adds no sorrow. I am redeemed from the curse of poverty. It is God who gives me power to get wealth. I meditate on God's Word, being careful to obey, and so I make my way prosperous, and have good success Jos 1:8. I give and I receive, good measure, pressed down, shaken together and overflowing

**23** Though He was rich, yet for my sake He became poor that I through His poverty might be rich 2 Cor 8:9. God says I will restore to you the years the locusts have eaten. Surely goodness and mercy shall follow me all the days of my life. Blessed is the Lord who daily loads us with benefits. No good thing shall He withhold from those who walk uprightly. Reverence, trust, and obedience to the

**24** Lord gives prosperity, happiness and health to my family. I am the righteousness of God. I can't be any more than that. I stand in the Father's presence just as if I never sinned. I am a child of God, an heir of God and a joint heir with Jesus Christ.



**25** My love reaches maturity as I treasure and obey His Word, walk and conduct myself as He did. As I abide and remain in communion with Him, obeying Him, I will not practice sin, knowingly and habitually. He has delivered me and yet shall deliver me and preserve me unto His eternal kingdom. The angel of the Lord encamps around me Ps 34:7, His angels take charge over me, minister to me, and destroy evil work around me. Jesus is my healer divine, who was anointed with the Holy Ghost and with power, who went about doing good, and healing all those who were oppressed by the devil, for God was with Him. In whatever state I am, I am independent of circumstances. God watches over His Word to perform it. Jer 1:12; By His stripes I am healed. I thank God for healing me and delivering me from the powers of darkness.

**26** God is the Director of my life. A good man's steps are ordered of the Lord and He delights in every step he takes. God says, I know the plans I have for you, they are for good and not for evil, to give you a future and a hope. I commit my way to Him and He directs my path. It's the Father's good [pleasure to give me the kingdom. I can do all things through Christ who strengthens me. Now unto Him that is able to do exceeding, abundantly above all I ask or think according to His power that works in me Eph 3:20. The people who know their God shall be strong, and do great exploits. Greater works I do with signs and wonders following, for I am a believer. His eyes are over the righteous and ears open to their prayer.

**27** Call unto Me and I will show you great and mighty things Jer 33:3. Nothing can separate me from the love of God, I refuse to confess bondage, for where the Spirit of the Lord is, and there is liberty. I am free; my body is the temple of the Holy Spirit. Before I call He answers and while I am yet speaking He listens. Christ has redeemed me from the curse of the law, being made a curse for me. That the blessings of Abraham may be mine

**28** The Lord is my shepherd; I shall not want Ps 23:1. He is going to lead me in the paths of righteousness. He who has begun a good work in me shall also complete it. I am a branch of the vine Jn 15:5, and my life is in the vine. I am an offspring of God. I have throne room rights. In Jesus Name I will cast out demons, and heal the sick. I do not look to symptoms, sickness, problems, but I keep my eyes on Jesus and His Word, as His remedy, and I am delivered, and I get the victory. God stands behind His Word to back it up. God is with me, and He never leaves me. Since God is for me who can be against me?

**29** I cast all my cares upon Him for He cares for me 1 Pt 5:7. I submit myself to God. I resist the devil, and he shall flee from me. I am raised up with Jesus from the dead, and enthroned with Him in the heavenly realms as being in Him. He has been made the head over all things for the church, and all things are put under His feet. I am built into a spiritual house, a chosen generation, royal priesthood, holy nation 1 Pt 2:9. I am a special person to show forth His wonderful deeds, display His virtues, called out of darkness into his marvelous light.

**30** No weapon that is fashioned against me shall prosper Is 54:17, and every tongue that rises against me in judgment I do now condemn, This is my heritage, my inheritance, my right as a servant of the Lord, and my righteousness is from God. I am a new creation in Christ. I have no fret or anxiety about anything Phil 4:6. God's peace, which transcends all understanding, guards my heart and mind in Christ Jesus. I have strength to do all things in Christ Jesus who empowers me. My God literally supplies my every need.

### **FAITH DECLARATION** (Quick reference as per the day of the month)

[One for each day of the month]

<b>1</b> Faith	<b>2</b> Faith	<b>3</b> New Creature	<b>4</b> New Creature	<b>5</b> New Creature	<b>6</b> Justified	<b>7</b> Discipline
<b>8</b> New Creature	<b>9</b> New Creature	<b>10</b> Blessing	<b>11</b> Provision	<b>12</b> Healing & Health	<b>13</b> Healing & Health	<b>14</b> Recon- ciled
<b>15</b> Spiritual Warfare	<b>16</b> Power Of Attorney	<b>17</b> Power Of Attorney	<b>18</b> Power Of Attorney	<b>19</b> Power Of Attorney	<b>20</b> Power Of Attorney	<b>21</b> Power Of Attorney
<b>22</b> Power Of Attorney	<b>23</b> Power Of Attorney	<b>24</b> Power Of Attorney	<b>25</b> Faith	<b>26</b> Faith	<b>27</b> Faith	<b>28</b> Faith
<b>29</b> Faith	<b>30</b> Victory					

- 1** I believe my knowledge and understanding of God's Word will grow this year Rom 10:17. Therefore my faith will grow. By the grace of God I will grow up and develop this year.
- 2** I will find out what God's Word says, and I will act on it like it is true and get results. God's Word will find entrance in my spirit. Ps 119:130. Light will come and faith will follow.
- 3** I am a new creature 2 Cor 5:17 and old things inside me have passed away. All things inside have become new. I have a new life, I have a new nature. I have the life of God!
- 4** I am a new creature in Christ Jesus. I hold fast to my confession that I am a new creature.
- 5** I am a brand new creature; I am a brand new man. All my past is blotted out. I am God's very own child.
- 6** My Father does not remember my sins and iniquities Ps 103:12; Isa 43:25; therefore I refuse to remember them. I stand in God's presence, justified, just as if I had never sinned.
- 7** I bring my body under subjection to me 1 Cor 9:27. I will not let my body rule me,
- 8** I am changed. I am a new creature in Christ; I will grow up spiritually in Christ. I will walk as a spiritual man in love and faith and conduct myself in line with God's Word.
- 9** I am a new creature in Christ, and I hold fast my confession. I present myself as a living sacrifice, holy, acceptable to Him, which is my spiritual worship Rom 12:1-2.
- 10** God the Father has blessed me with all spiritual blessings in heavenly places in Christ Eph 1:3. I am a new creature in Christ.
- 11** With my heart I believe God's Word and with my mouth I make confession of its promises and provisions.
- 12** My faith confessions make those promises and provisions real in my life. I am who God says I am now; I have what God says I have now.

- 13** All sickness and disease is the curse of the law, but Christ has redeemed me from the curse of the law. Therefore I am redeemed from sickness Ga 3:13.
- 14** I am reconciled to God by Christ. I am restored to favour with God. And God has given me the ministry of reconciliation 2 Cor 5:18.
- 15** The weapons of my warfare are not carnal 2 Cor 10:4, but mighty through God to the pulling down of strongholds. Where Satan's forces have built strongholds, I can pull them down through the mighty name of Jesus. Satan is no match for that name. And that name is a mighty weapon given to me to use against the forces of the enemy.
- 16** I know the Name of Jesus contains the power and the authority of the creator. And I know I have a legal right to that Name.
- 17** Jesus Christ overcame principalities and powers and made an open show of them, triumphing over them. Jesus paralyzed Satan and all his cohorts Col 2:15. Therefore there is authority in the Name of Jesus. And I have a legal right to use that triumphant Name against the forces of the enemy.
- 18** He is risen from the dead and He is Lord. The power and authority demonstrated in the resurrection abides in the Name He has given me.
- 19** As a member of the Body of Christ, as a believer I have a right to use the Name of Jesus -- that Name that is above every other Name.
- 20** I have a right to use the Name of Jesus against the enemy. I have a right to use the Name in prayer. I have a right to use that Name in praise and worship.
- 21** All things are mine, I am Christ's, and Christ is God's. The Name of Jesus belongs to me and I can use it. I will use it. All the Father has is mine.
- 22** I am a new covenant Christian. I pray to my Father in the Name of Jesus. I ask in Jesus' Name. I receive and my joy is full. Jn 14:13; 16:24.

- 23** The Name of Jesus belongs to me. Whatever I ask in the Name of Jesus God will do.
- 24** I will receive God's Word and I will hide it within me. And I will find the knowledge of God because out of the mouth of the Lord comes knowledge.
- 25** I will receive knowledge of God's Word, and faith will accompany it. Faith comes by hearing and hearing by the Word of God.
- 26** I am a doer of the Word Jas 1:22. I gain knowledge of God's Word. I hear His Word, and then I act accordingly on His Word.
- 27** I am a doer of the Word, I act on what the Word says is mine. The Word is true, I know its true. So I act like its true, and the Word becomes a reality in my life.
- 28** God's word is true, I will act like His Word is true. I will act like all other scriptures are true. And they will become a reality in my life.
- 29** The Greater One is in me and I am going to act like it.
- 30** The battle is not mine, but God's. He is the Greater One inside me and He will help me overcome 1 Sam 17:47.

## **EPHESIAN PRAYERS** [Eph 1, 2, 3]

I pray that grace and spiritual peace with God, harmony, and unity, be mine. That I be granted a spirit of wisdom and revelation in an intimate knowledge of Jesus, to know and to understand the hope of my calling and my glorious inheritance. That I may know the unlimited greatness of the Holy Spirit power in me, which was demonstrated in raising Jesus from the dead and seating Him by the Father's right hand in the heavenly places, and who raised me up also together with Him, and gave me a joint seating with Him, having put all things under His feet whose feet are mine, clearly demonstrating His limitless grace, kindness, and goodness to me.

I pray that my inner man be strengthened by the Holy Ghost indwelling in me and that I may experience His love in practice, and be flooded with God Himself.

In Christ, I have every spiritual Holy Spirit given blessing in the heavenly realm, being picked up as God's own, and set apart to be blameless in His sight and to be revealed as God's own child through Jesus Christ, Saved by His grace, I have redemption, deliverance, salvation, remission, forgiveness, - through His blood. I am stamped with the seal of the Holy Spirit who guarantees my inheritance. I am born-again, I am God's workmanship, and created in Christ Jesus to do the good works planned beforehand. I share in the same common citizenship with the saints belonging to God's household, having the boldness of free access to God.

The Holy Spirit power at work in me is able to do superabundantly far more and above all I dare ask think, or dream.

## **PETITION AND INTERCESSION**

### **Principles of Intercession:**

- Repentance, confession of sins, presenting your body as a living sacrifice.
- Be led by the Holy Spirit Rom 8:14; Prov 20:27.  
As God's children we can expect to be led by the Spirit of God. God will enlighten us through our spirits. Many times we seek guidance by other ways except the way God has shown us. We need to be sensitive to His Spirit, then we will receive guidance and steer away from pitfalls.
- Be specific and persistent in prayer.  
We have read earlier about the widow's persistence in presenting her plea to the unjust judge and getting an answer from him. Similarly the Lord expects us to make our prayers specific. For example, the Lord heals two blind men because they ask Him specifically to heal them of their blindness Mt 20:29-34.
- Pray according to the Word of God 1 Jn 5:14-15.  
If you can find God's Word in the Holy Scriptures that matches your request, you can be confident of receiving an answer to your request.
- Prayers mixed with praise and worship Phil 4:6.
- Agree in prayer Mt 18:19
- Ask in the Name of Jesus Jn 16:23-24.
- Pray much in the spirit (in tongues). Eph 6:18; 1 Cor 14:15.
- Pray on till a feeling of praise arises in you.
- Ensure that you are covered with the spiritual armor Eph 6:11. 13-18.
- Engage in aggressive warfare against the enemy, in the Name of Jesus, by the Blood of Jesus and the Word of God. Mk 16:17; Rev 12:11;
- Use the prayer of binding and loosing. Mt 18:18
- Record your answers to prayer and be thankful.



## PRAYER CALENDAR [One for each day of the month]

### General Daily Intention

- Thy Kingdom Come and Will be done in my life, my family, my Church, my Nation, and in the Nations of this world.
- - Personal and family needs (be specific).
- Add the following according to the date of the month.

	<b>SELF</b>	<b>FAMILY</b>	<b>CHURCH</b>	<b>NATION</b>	<b>10 / 40 WINDOW</b>	
<b>1</b>	For those who mis-treated you.	Hedge of protection	Repent for disunity	National & Local Leaders	<u>Casablanca</u> Church-Planting Bible correspondence	<u>Hyderabad</u> Revival Evangelism Bible schools Beggars
<b>2</b>	Strength against temptation	Peace	Love and respect to increase	In order to live a quiet peaceful life	<u>El Aaiun</u> Preach the Gospel Medical aid	<u>Pune</u> unity Revival Students
<b>3</b>	Doing good	Good health and prosperity	Ministry of the Word	Terrorism violence	<u>Nouakchott</u> Freedom of Religion, Bible translation	<u>Delhi</u> Peace Christian Witness
<b>4</b>	Reach out in love	Living to please God	Revival	Corruption corroding the nation	<u>Dakar</u> Nominal Christians Church Planting Employment	<u>Amritsar</u> Violence, Caste and tribal groups Pilgrims to Golden Temple
<b>5</b>	Fullness of the Holy Spirit	Success	Mighty outpouring of the Holy Spirit	Communalism dividing the nation	<u>Banjul</u> Revival Freedom to preach Muslim	<u>Jaipur</u> Higher caste Hindus Bible literature
<b>6</b>	Have Godly desires	Family altar of prayer and the Word	Leaders - Wisdom, guidance, unity,	Natural and man-made calamities resulting in loss of life and wealth	<u>Bissau</u> Confidence to witness Poverty	<u>Ahmedabad</u> Hindu festivals Peace



<b>7</b>	To live out my priorities	Good witness	Leaders-courage to preach the gospel and its values	Abortion that causes national sin and incurs God's judgment	<u>Conakry</u> Employment Witness Missionaries Muslims	<u>Male</u> Christian Literature Tent makers
<b>8</b>	For divine wisdom, revelation, ability	Righteousness, joy and peace in your mate's life	Leaders good health and prosperity	Organizations that work for political and social good	<u>Bamako</u> Evangelism Corruption	<u>Ouagadougou</u> Illiteracy
<b>9</b>	To be a contributing part of the local Church	Your children's needs	Leaders families	Injustice, wickedness, strife, division, party-spirit	<u>Algiers</u> Muslim Women Violence	<u>Lahore</u> Evangelism Protection Christian Organizations
<b>10</b>	To fellowship with other Christians	For the persons your children will marry	Leaders-shepherd's heart	Pornography drug addiction, Rock music,	<u>Tunis</u> Materialism, Occultism	<u>Tripoli</u> Terrorism Evangelism
<b>11</b>	To have diligent and balanced work habits	For the needs of the spouse of your children	Leaders- to lead God's people in His plans & purposes.	Idolatry	<u>Kano</u> Divorce Persecution Missions	<u>Cotonou</u> Slavery Occult Evangelism Church growth
<b>12</b>	Quick to repent, believe and forgive	Specific Needs	Leaders-open channel for revival to flow	People to have love, concern, respect for each other	<u>Khartoum</u> Political forces, Gospel financial resources	<u>Niancy</u> Poverty, Evangelism Persecution
<b>13</b>	To esteem others highly	Specific Needs	Deliverance from drugs, alcoholism, sexual immorality, other evils of this age	Progress of all communities, develop-of nation	<u>Djibouti</u> Poverty Peace Literacy programs	<u>N'Djamena</u> Poverty, Pastoral training, Christian literature

<b>14</b>	Divine guidance in tests, trials, temptations	Specific Needs	Protection from those who seek to harm the Church	Widows, Old people, orphans	<u>AdisAbaba</u> Urchins, beggars, handicapped unemployed	<u>Asmara</u> Revival, converts, rebuilding churches
<b>15</b>	Protection	Specific Needs	Protection for missionaries and success in their efforts	Sick people	<u>Mecca</u> Freedom for worship and preaching Gospel	<u>Mogadishu</u> Poverty, Persecution Peace, Discipleship
<b>16</b>	Preach the gospel and minister to the needs of others	Specific Needs	For Christians to have a servant attitude	Proper housing and sanitation	<u>Sana'a</u> Persecution	<u>Manama</u> Freedom to Evangelism
<b>17</b>	To be a good bible student	Specific Needs	Protection of youth from worldly value system	Proper medical facilities and sanitariums	<u>Riyadh</u> Freedom to preach gospel & worship, Persecution	<u>Kabul</u> Churches destroyed, Violence
<b>18</b>	To be a good intercessor	Specific Needs	Preserving the youth in the values of the gospel	Leaders- to work for social justice and right social and economic reform	<u>Muscat</u> Freedom of religion Church Planting Medical mission work	<u>Almaty</u> Communism
<b>19</b>	To live a humble, submissive holy life	Specific Needs	That youth have a deep relationship with God	Leaders to work for the good of all rich & poor	<u>Doha</u> Freedom to evangelize.	<u>Dushanbe</u> Peace, Believers
<b>20</b>	For boldness	Specific Needs	That youth be actively involved in evangelism	Poor urchins, pavement dwellers	<u>Kuwait City</u> Freedom of worship	<u>Ashkabad</u> Turkman Scty Scripture

<b>21</b>	Vision and goals	Specific Needs	That House groups become centres of prayer, worship & service	Prostitutes, drug and alcoholic addicts	<u>Beirut</u> Open doors for evangelism, Unity of believers, Youth.	<u>Amman</u> Bible Literature, Youth, Peace with Israel
<b>22</b>	Spiritual maturity	Specific Needs	Fellowships churches be witness of prayer worship fruitful ministries	the Govt to freely permit the preaching of the gospel	<u>Cairo</u> Poverty Islamic university	<u>Tirana</u> Poverty Evangelism Difficult transport
<b>23</b>	For success and fruitfulness	Specific Needs	That these places have God-given vision and direction and goals fulfilled.	Christians in key government positions to be a witness and example	<u>Jerusalem</u> Believing Jews Religious spirits Peace Salvation	<u>Damascus</u> Poverty Slums Evangelism full-time Workers
<b>24</b>	To bear the fruit of the Spirit	Specific Needs	Revival	President, Prime Minister	<u>Tel Aviv</u> Unity of believers Youth Occult	<u>Gaza</u> Pastors Christian book shop Poverty
<b>25</b>	To know my calling, place, and function	Specific Needs	Revival	Chief Minister, Other Ministers	<u>Istanbul</u> Evangelism Economic crisis	<u>Ankara</u> Turkish fellowship Young Elders University students
<b>26</b>	To minister in the gifts of the Holy Spirit	Specific Needs	Unity	Armed forces, police and educational authorities	<u>Tehran</u> Martyrdom Islamic Fundamen - talism	<u>Izmir</u> Greed, materialism , immorality Persecution

<b>27</b>	Personal Bible Study	Specific Needs	Unity	All the others in Authority	<u>Tashkent Persecution Labourers</u>	<u>Baghdad Revival Jesus film</u>
<b>28</b>	Specific Needs	Specific Needs	Specific Needs	As per the daily news	<u>Karachi Addiction, Violence, Evangelism</u>	<u>Mashhad Muslims, Religious freedom.</u>
<b>29</b>	Specific Needs	Specific Needs	Specific Needs	As per the daily news	<u>Calcutta Slums, False Worship, Witness, Bible colleges.</u>	<u>Baku Religious freedom, Revival, Tent makers.</u>
<b>30</b>	For success and fruitfulness	Specific Needs	That these places have God-given vision and direction and goals fulfilled.	Christians in key government positions to be a witness and example	<u>Jerusalem Believing Jews Religious spirits Peace Salvation</u>	<u>Damascus Poverty Slums Evangelism full-time Workers</u>

## 9. ASSIGNMENT:

### Scripture Memorization And Scripture Meditation

#### SCRIPTURE MEMORIZATION

MONTH	WEEK 1	WEEK 2	WEEK 3	WEEK 4
JANUARY	1 COR 3:16	2 CHR 7:14	HEB 7:25	JAS 5:16
FEBRUARY	MT 8:17	1 PT 2:24	1 JN 1:7-9	PS100:
MARCH	PS 22:3	EPH 3:20	HEB 3:7	HEB 3:1
APRIL	ISA 53:3-5	ROM 6:14	NEH 4:14	2 CHR 7:1
MAY	JAS3: 4	HEB 13:12	NEH 8:10	MK1:35
JUNE	EZEK 22:30	2 TIM 3:16	1 TIM 4:8	COL1: 0-22
JULY	EXO 6:2-4	EXO 3:14	MT 6:9-13	ISA 61:3
AUGUST	MT 14:23	GA 4:4-6	EXO3: 13-15	1COR15: 55-57
EPTEMBER	PHIL 4: 3	ROM 8:31	ROM 8:37	COL 2:9
OCTOBER	2 TIM 1:7	GA 2:20	JN 10:10-11	JN 10:25
NOVEMBER	PHIL 2:9-11	HEB 2:14-15	MT 1:23	JN 14:6
DECEMBER	JN 6:44	JN 1:12	HEB 4:14	PHIL 4:13

For Spiritual growth it is advisable to memorize at least one scripture a week. However, this is inadequate. As time progresses, keep increasing the memorization of scriptures to more than one a week. Remember “3 John 2” “As your soul prospers, you will enjoy good health and all will go well with you”.

## SCRIPTURE MEDITATION

### JANUARY FEBRUARY MARCH

1. JOEL 2: 32 He who calls upon the name of the Lord shall be saved.
2. PROV 8: 10 The Name of the Lord is a strong tower, the righteous enter it and are safe.
3. REV 19:13 His Name shall be called the Word Of God.
4. MT 21: 9 Blessed is He who comes in the Name of the Lord.
5. 2 COR5: 17 I am a new creation.
6. 1 JN 3:8 For this purpose the Son of God was manifested, that He destroy the works of darkness.
7. 1 PT 5:7 Cast all you care on Him for He cares for you.
8. ROM 6:14 For sin shall not have dominion over you.
9. DEUT 33 :27 The Eternal God is your refuge and underneath lie the everlasting arms.
10. 2 COR 1:20 For all the promises of God are yes in Him.
11. NUM 23:19 God is not a man that He should lie, neither the son of man that He should repent. Has He spoken and will He not do it.
12. PS 89:34 My covenant, I will not break, nor alter the Word of My lips.
13. JER 1:12 I watch over My Word to perform it.
14. JN 1:9 If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness.
15. PROV 28:1 The righteous are as bold as a lion.
16. PS 91:11 He has given His angels charge over us.
17. PS 34:7 The angel of the Lord encamps around those who fear the Lord, and delivers them from every evil work.
18. 2 Tim 1:7 God has not given you a spirit of fear, but of power love and a sound mind.
19. PS 32:7 You are my hiding place.
20. PS 134:2 Lift up your hands in the sanctuary and bless the Lord.
21. PHIL 4:19 My God shall supply you every need according to His riches in glory, by Christ Jesus.
22. PROV 18:16 A man's gift makes room for him.
23. LK 1:37 For with God nothing shall be impossible.
24. JER 29:11 I know the plans I have for you. They are for good and not for evil to give you a future and a hope.

25. HEB11: 11 He is faithful to His promises.  
 26. PHIL 4 :13 I can do all thing through Christ who strengthens me.  
 27. REV 21: 5 Behold I make all things new.  
 28. 3 JN 2 Beloved I wish above all things that you may prosper and be in good health even as your soul prospers  
 29. LK 6: 38 Give and you shall receive pressed down, shaken together, and running over.  
 30. DEUT 8:18 It is God who gives you the power to get wealth.  
 31. 1 JN 4: 18 Perfect love casts out fear.

APRIL	MAY	JUNE
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1. ROM 8:39 Nothing can separate me from the love of God.  
 2. ROM 6:14 For sin shall no longer have dominion over you.  
 3. ISA 59:19 When the enemy shall come in, like a flood the Lord shall raise up a standard against him.  
 4. 2 TIM 1:7 For God has not given us a spirit of fear, but of power of love, and self-control.  
 5. JN 10:35 Scriptures cannot be broken.  
 6. JER 32:27 I am the Lord of all flesh, is there anything too difficult for Me?  
 7. PS 107:2 Let the redeemed of the Lord say so whom the Lord has delivered from the hands of the enemy.  
 8. DEUT 8:18 It is God who gives you power to get wealth.  
 9. LK 10:19 Behold I give you power over all the power of the enemy.  
 10. PS 8:2 Out of the mouth of babes and sucklings, you have ordained praise, perfected strength, that you may still the enemy and the avenger.  
 11. 2 CHR 20:17 Stand still and see the salvation of the Lord.  
 12. ROM 8:31 If God be for us who can be against us?  
 13. PS 27:1 The Lord is the strength of my life whom shall I fear?  
 14. JER 29:11 I know the plans I have for you, they are for good and not for evil, to give you a future and a hope.  
 15. LK 6:38 Give and you shall receive, good measure, pressed down, shaken together, running over.  
 16. 2 COR 8:9 Though He was rich yet for your sakes He became poor, that you through His poverty may be rich.

17. JOEL 2:25 I will restore to you the years the locusts have eaten.  
 18. 2 COR 9:7 God loves a cheerful giver.  
 19. JOB 22:25 The Almighty shall be your defense, and you shall have plenty of silver.  
 20. PS 23:6 Surely goodness and mercy Shall follow me all the days of my life.  
 21. PS 68:19 Blessed be the Lord who daily loads us with benefits.  
 22. PS 91:10 No evil shall befall you; no plague shall come near your dwelling.  
 23. PS 23:4 Even though I walk through the valley of darkness, I shall fear no evil.  
 24. JER 33:3 Call unto Me and I shall show you great and mighty things that you are not aware of.  
 25. ROM 8:39 Nothing can separate us from the love of God.  
 26. ISA 10:27 The yoke shall be destroyed because of the anointing.  
 27. 1 JN 4:4 Greater is He that is in you. than he that is in the world.  
 28. ISA 54:17 No weapon that is fashioned against you shall ever prosper.  
 29. 2 COR 9:7 God loves a cheerful giver.  
 30. JOEL 2:25 I will restore to you the years the locusts have eaten.  
 31. PS 8:2 Out of the mouth of babes and sucklings, you have ordained praise, perfected strength, that you may still the enemy and the avenger.

### JULY AUGUST SEPTEMBER

1. EXO 15:26 I am the Lord your healer.  
 2. ISA53: 5 By His stripes we are healed.  
 3. ISA 10:27 The yoke shall be destroyed because of the anointing.  
 4. 1 JN 4:4 Greater is He that is in you than he that is in the world.  
 5. JOEL 3:10 Let the weak say I am strong.  
 6. ROM 8:31 If God be for us who can be against us.  
 7. JOEL 2:32 He who calls on the Name of the Lord shall be saved.  
 8. EXO 14:13 Stand still and see the salvation of the Lord.  
 9. PS 8:2 Out of the mouth of babes and suckling You have ordained strength, perfected praise that you may silence the enemy.  
 10. 1 JN4: 18 Perfect love casts out fear.



11. 2 COR 2:14 He always causes us to triumph in Christ.
12. PS 91:1 He, who dwells in the secret place of the most High, shall dwell under the shadow of the Almighty.
13. ACTS 1:8 You shall receive power when the Holy Ghost shall come upon you.
14. EPH6: 10 Be strong in the Lord and in the power of His might.
15. HEB13: 15 Let us offer a sacrifice of praise to God continually, that is the fruit of our lips.
16. DAN11: 32 The people who know their God shall be strong, and do exploits
17. MT6: 33 Seek first the kingdom of God and His righteousness, and all things shall be added unto you.
18. PS103: 3 He forgives all my iniquities and heals all my diseases
19. PS 107: 2 Let the redeemed of the Lord say so, whom the Lord has redeemed from the hands of the enemy.
20. PS 107: 20 He sent forth His Word and He healed them.
21. PS 105: 37 There was not one feeble person among their tribes.
22. JAS 5: 15 The prayer of faith shall save the sick.
23. PS 91: 16 With long life I will satisfy him and show him My salvation.
24. MAL4: 2 But for you who revere my Name, the Son of righteousness shall arise with healing in His wings.
25. NEH 8: 10 The joy of the Lord is my strength.
26. DEUT 33:25 As in the days of thy youth so shall thy strength be.
27. PROV 18:21 Death and life are in the power of the tongue.
28. ISA 40:29 He gives power to the faint.
29. PS 34:15 His eyes are over the righteous.
30. PS 23:1 The Lord is my shepherd, I shall not want.
31. MT 5:14 You are the light of the world.

<b>OCTOBER</b>	<b>NOVEMBER</b>	<b>DECEMBER</b>
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1. HEB 3:1 Consider Jesus the Apostle & High-Priest of your confession.
2. MT 19:26 With God all things are possible.
3. MT 6:33 Seek first the kingdom of God and His righteousness, and all things shall be added unto you.
4. ROM 14:17 The kingdom of God is righteousness, peace, and joy in the Holy Ghost.

5. 1 JN 2:27 The anointing that you have received will teach you all things.
6. PS 37:4 Delight yourself in the Lord and He will give you the desires of your heart.
7. HEB 13:8 Jesus is the same yesterday, today, and forever.
8. EPH 6:10 Be strong in the Lord and in the power of His might.
9. ISA 40:31 They that wait upon the Lord shall renew their strength.
10. JER 33:3 Call unto Me and I shall show you great and mighty things you know not of.
11. PROV 3: 5 Trust in the Lord with all your heart, and lean not unto your own understanding,
12. PHIL 4:6 Do not be anxious about anything, but in everything by prayer and supplication, with thanksgiving, make your requests known unto God.
13. JN 14:12 He who believes in me, the works I do he shall do, and greater works than these he shall do.
14. ROM 8:31 If God be for us, who can be against us?
15. PS 146:7 O Lord the strength of my salvation, You have covered my head in the day of battle.
16. ROM 10:17 Faith comes by hearing, and hearing by the Word of God.
17. PHIL 4:13 I can do all things through Christ who strengthens me.
18. 2 COR 5:21 He was made sin that knew no sin that we might be made the righteousness of God in Him.
19. JN 6:63 The words that I speak to you, they are Spirit and Life.
20. 2COR 13:7 Pray that you may not do evil.
21. MT 9:38 Pray the Lord of the harvest, that He will send forth laborers into His harvest.
22. LK 22:46 Pray that you enter not into temptation.
23. PROV 18:10 The Name of the Lord is a strong tower, the righteous run into it and are safe.
24. REV 19:13 His Name shall be called the Word of God.
25. MT 21: 9 Blessed is He who comes in the Name of the Lord.
26. ROM 6:14 Sin shall not have dominion over you.
27. DEUT 33:27 The eternal God is your refuge, and underneath lie the everlasting arms.
28. JER 1:12 God hastens His Word to perform it.
29. 2CHR 7:14 If My people who are called by My Name, shall humble themselves.
30. ROM 6:14 Sin shall not have dominion over you.
31. PROV 28:1 The righteous is as bold as a lion.

## FINAL WORD

I hope that reading this book has encouraged you to lay hold of the Spiritual Keys, the Principles of Prayer, that unlocks Heaven's doors.

It is my prayer that this book will meet your need and make your prayer life fruitful.

If you have never made use of the spiritual keys, principles of prayer mentioned in this book, in your prayers earlier, and you would like to use them from today, then make this prayer of commitment to God.

Dear Heavenly Father,

I thank You for teaching me in this book, new ways to pray that will bring results and bring me into an intimate relationship with You. I commit myself to pray as the holy Spirit leads bringing to remembrance the principles and keys I have learnt in this book. Keep on teaching me to pray. Help me to live a disciplined prayer life and lead me on from one level of prayer to another, for I eagerly desire to be a prayer warrior, to see Your Kingdom Come and Will Be Done in my life and all that I pray for in Jesus' mighty Name Amen!

Tony Mathias

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C. Peter Wagner Stephen Peters Mark Wilson	Praying Through The 100 Gateway Cities of the 10/40 Window



When the disciples asked Jesus to teach them to pray, He willingly taught them the manner in which they were to pray to the Father. Jesus lived a life of prayer. They had seen Him pray and had received insights from Him on the topic of prayer. For example:

- The reward one obtains by praying to the Father in secret Mt. 6:6.
- Receiving from the Father in Jesus' name Jn 16:23.
- The request received by praying in agreement with another Mt 18:19

-Asking and receiving Mt 7:7

We can be sure that just like the disciples needed help in prayer, so do we, for it is no easy task to pray on our own. Jesus taught His disciples to pray the 'Our Father', and we can make use of the same principles today. Moreover we have "the Holy Spirit who comes to our aid and bears us up in our weaknesses, for we do not know what prayer to offer, but the Spirit Himself goes to meet our supplication and pleads on our behalf with unspeakable yearnings and groanings too deep for utterance" Rom 8:26 (Amp).

As the Ministry of Prayer played a vital role in the growth of the early Church, it is here again playing its vital role bringing to a culmination God's purposes and plans for the end time Church, the rapture saints. Perhaps the greatest need in our world today is for more and more new intercessors who are willing to identify with a hurt and dying world; desperate people who will not let go of God until He blesses them and heals our world.

This book is designed to accomplish two goals, to teach the reader to pray and enter into the Ministry of effectual fervent prayer. It offers instructions from the plain teachings of God's word to pray effectively, with satisfaction and minister to others through intercessory prayer.

The author, a full time Christian worker based in India, is involved with teaching, training and mobilising young Christians to live effective and victorious Christian lives. He conducts seminars and workshops on a variety of topics which include prayer. He lives with his wife Lynette and daughter Rachel, in Mumbai, India.