

# HEAR AND BE HEALED

# TONY MATHIAS

For Private Distribution First Edition – Jan 2013

Published By Kingdom Seekers International, Bandra, Mumbai, India. Website: www.ksim.org

Printed By Peter S. Parmar Gazdhar Bandh, Santacruz [W] Mumbai, India

This Publication may not be reproduced without express written consent of the Author

#### MY THANKS TO

#### MY Wife Lynette

For her valuable assistance and appropriate suggestions

My Daughter Rachel For the cover design of the book

And to the Enthusiastic team of Supporters

Receive Your Healing! Be Made Whole in Jesus' Name For the Glory of God!

## HEAR AND BE HEALED

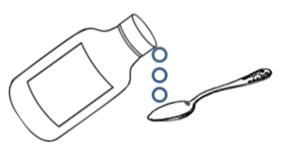
A PRACTICAL GUIDE TO RECEIVE YOUR HEALING



Luke5:15 [Amp] "But so much the more the news spread abroad concerning Him, and great crowds kept coming together to HEAR [Him] AND to BE HEALED by Him of their infirmities."

Prov4:20-22 [Amp] "My son, attend to My words; consent *and* submit to My sayings. Let them not depart from your sight; keep them in the center of your heart. For they are life to those who find them, healing *and* health to all their flesh."

Ps103:1-3 [Amp] "Bless (affectionately, gratefully praise) the Lord, O my soul; and all that is [deepest] within me, bless His holy name! Bless (affectionately, gratefully praise) the Lord, O my soul, and forget not [one of] all His benefits—



Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases"

This book on healing will teach you how to - Walk out of your prison house of sickness, Resist disease, Receive healing, and Live in divine health. It contains faith

declarations based on God's Word recorded in the Bible. They are doses from God's Medicine Bottle – His Word. They are God's promises, which always mean 'yes.' Indulge yourself in these faith declarations DAILY, even when you are in good health. Speak them over yourself in the first person tense, laying claim

to them by faith, with the understanding that they are your inheritance as God's child, if you are born-again.

When you hear yourself repeating them aloud, they will register in your spirit and make healing and health a reality for you. Allow the Holy Spirit to build your faith as you read these Words of Life. Believe it! Receive it! Act upon it! God is in his Word. He promises in his Word that He is God who heals. And He is God who cannot lie. Jesus Christ is the same yesterday, today and forever. His name is more powerful than any disease you can name. As you confess Lord Jesus and His Word, He will confess you before the Father. He will confess what you confess! Only make sure you are not living in sin. Be quick to repent believe and forgive to enable God to hear you and actualize your faith declarations Exo15:26.

## A WORD OF ADVICE:



THINK

Many foolishly ignore the doctor's advice in life and death situations. God is not against medicine. If you need a doctor, see a doctor. There are a number of good doctors today. Many lives are saved by receiving timely medical help. There are medicines today that aid the healing process. If you are taking medicine mix faith with it saying, "I believe I receive my healing in Jesus' name.' When you speak God's Word out of your mouth in faith you are applying God's medicine.

If you choose to take advantage of medical help you have done nothing wrong. There are ailments that till date have defied any known medical diagnosis and cure; you can always trust God's Word for your healing and health. And if doctors told you that there is no cure for you, no hope for you medically, or your disease is incurable do not be disheartened. With God there is always a way out. There is supernatural hope for you from God's Word which is God's unfailing medicine for you. Jesus the Doctor never fails! Put his Word on your lips and repeat it back to him. He is your healer!

If you are sick you should not try to deny its existence but one thing you need to do - refuse to tolerate it or allow it to remain in your body. If you are a believing child of God you are not lying if you confess you are healed when you are sick because God said he healed you. By declaring God's promise of healing, you are simply calling that healing into manifestation which God already provided for you. Mt8:17; 1Pt2:24

If you are sick and believing God for healing, take the medicine your doctor prescribes and simultaneously confess the Word of God on healing Do not negate your faith declaration and do not ignore the doctor's advice.

Act like you are healed. Be convinced God wants you well. Believe God's report that he is healing you and keeping you in good health. Do not complain or murmur, or speak negatively. You may have started well saying, "I believe I am healed in the name of Jesus. But then if you continue to think – talk - act sick, you will negate your confession of health and may not see the manifestation of your healing. Therefore do not negate your confession of faith by allowing wrong thoughts, words, actions that are contrary. Declare God's Word. Speak directly to your mountain, your problem saying to it what God's Word says and act out your faith. God is good. He has provided everything you need, including healing.

## **KEYS TO HEALING**

Here are four keys to enable you receive your healing.



#### A] Take Your Medicine.

Take your doses from God's Medicine Bottle - His Word. This has been provided for you in this book. Meditate and speak forth these faith declarations aloud over again and again regularly Till Faith Comes. Prov4:20-22.

#### **B] Activate Your Faith.**

When faith for healing comes, activate it. Faith without action is ineffective. When God tells you to do something do it. You can act out your faith by saying what

God says coupled with corresponding action like doing what you could not do before. For example, if you have been lying in bed because you don't feel well, get up and do something, move around. Act like you are healed! Rom10:17; Mk5:28-34; James2 17;

#### C] Walk in Love

Walk in love because Faith works by love Ga5:6.

#### D] Call What You Want

The one mistake many Christians make is calling things the way they are. This perpetuates their present condition. When you are sick, call yourself well, for you are calling for what you don't have and that's what you want! If you do so your body will respond to your faith demands based on the authority of God's Word. Rom4:17

"For all the promises of God in him are yes..." 2Cor1:20.

# LET US BEGIN

## Repeat these affirmations aloud.



I am a child of God. God is my Father. Through the blood of Jesus I am redeemed, from the hands of the devil and all my sins are forgiven. The blood of Jesus God's Son is cleansing me now and continually from all sin. Through the blood of Jesus I am justified, made righteous, sanctified made holy, set apart unto God. My body is the temple of the Holy Spirit. Therefore devil,

you have no place in me and no power over me. I overcome you devil by the blood of Jesus and by the word of my testimony. Sin, sickness and disease shall not lord it over me, they have no power over me for Jesus is Lord of my life. I am no longer under the Law but under Grace Thank You Jesus!

Eph1:7; Rom5:9; 6:14; 8:15-16; 10:9; 1Cor6:19- 20; Heb13:12; Rev12:11;

I am forgiven free from sin and guilt dead to sin alive to righteousness. I am free from un-forgiveness and strife. As Christ forgave me I forgive others with God's love shed abroad in my heart by the Holy Spirit. Rom5:5; 6:11

The name of Jesus has authority in Heaven, earth, at the throne of God, over the demons of hell, against sin, sickness, disease, oppression or depression. I am glad that the Son of God was manifested, that He might destroy the works of the devil including sickness." Therefore sickness and disease have no legal right to remain in my body as God's child.

The Lord has given me power (authority) to tread on serpents and scorpions, and over all the power of the enemy: and nothing will hurt me. I will not allow sickness, pain or disease in my body. I bind it. I forbid it to stay there any longer because of my rights as a believer. I take hold of and insist upon my covenant right of freedom today in Jesus Name. I put my foot down and command all illness to leave me now in the Name of Jesus. I declare my freedom today, for Jesus has set me absolutely free 1John3:8; Ga5:1

Lord God, You sent Your word, and healed and delivered me. Your Word is medicine to all my flesh. I speak the name of Jesus and walk victoriously in divine health. Lord You have delivered me from the power of darkness and conveyed me into the kingdom of Your Son Whom You love. No evil will befall me neither shall any plague come near my dwelling. For You have given your angels charge over me. They keep me in all my ways. In my pathway is life, healing and health. Thank You Jesus!

Prov4:20-22; Ps91:10; Col 1:13

No weapon that is fashioned against me will prosper. Nothing can hurt me for He has given me authority over all the power of the enemy. God is in me, with me, for me. The Lord is my refuge, my fortress and my God. Thank You Jesus! Isaiah54:17; Lk10:19 The 'shield of faith' protects me from all the fiery darts of the evil one. The Lord has covered my head in the day of battle. I am delivered from the authority of darkness. The angel of the Lord encamps around me and delivers me from every evil work. I abide, remain stable and fixed under the shadow of the Almighty. Jesus Christ is the same yesterday, today and forever. He has said, let the weak say I am strong. I therefore say I am strong, for the Lord Yahweh is my strength. Your words O Lord are Spirit and Life.

Thank You Jesus! Eph6:16;

The name of Jesus has all His authority, power, and conquest over the devil, sin and sickness. The weapons of my warfare are mighty in God; with them I pull down the strongholds, which Satan has built, in my mind. I will bring all my thoughts into obedience to Christ. Proclamation, thanksgiving and praise are my mighty weapons.

Thank You Jesus! 2Cor10:4

Satan, I speak to you in the name of Jesus. You and your cohorts are bound from operating against me or my family in any way. I break your power over us. We are loosed from your assignment. You are a defeated foe; Jesus dethroned you and all your cohorts. I am the property of Almighty God; my body is the temple of the Holy Spirit. You have no place in me. I administer defeat to you in the name of Jesus. In the name of Jesus I submit to God and I resist you spirit of fear, you will flee from me.

So Satan, sickness, disease, pain, evil, depression, oppression, be gone and leave me, take your hands off me and my family, for we are God's property and God's hedge of protection is around us and all our possessions, because we love God, He is our habitation and we know His name. I walk victorious in the name of Jesus. Thank You Jesus! Father because of Your Word I am an over-comer. As a believer I have overcome the world the flesh and the devil, including sickness, disease and failure by the Blood of the Lamb and the word of my testimony. Thank You Jesus! Rev12:11

Healing has been revealed to me through the Word of God - declared to me through the shed covenant Blood of Jesus Christ on the cross. Healing and health belong to me. It is my birthright.

Lord you have said - "I will not allow any disease to fall on you, I am the Lord who heals you, I am the Lord your healer. I sent My Word and I healed your disease. I have redeemed you from the curse of the Law and that includes sickness." I affirm this is true. Thank You Jesus! Exo15:26

The scriptures add, 'worship the Lord God and Him alone shall you serve. He will bless your food and water and take sickness away from you.' So I respond, 'bless the Lord O my soul and all that is within me bless his holy name who forgives all my sins and heals all my diseases. I am the redeemed of the Lord. I have been redeemed from sickness. The Lord is my strength.' Thank You Jesus! Exo23:25; Ps103:1-3; 107:2

Jesus You bore my sins in your body on the tree; therefore I am dead to sin and alive unto God and by your stripes I am healed and made whole. Jesus You bore my sickness and carried my pain. Therefore I give no place to sickness or pain, for God Almighty you sent your Word and healed me. And I know that the Spirit of Him who raised Jesus from the dead dwells in me, and I believe and affirm that He who raised Jesus from the dead will also give life to my mortal earthly body through His Spirit who dwells in me. I know the truth that healing is in God's redemptive plan and Jesus Christ has redeemed me from sickness. Because I know this truth it has set me free from illness.

1Pt2:24; Rom8:11; John8:32.

I look to Jesus the Apostle and High Priest of my Confession. I believe I am what God says I am. I acknowledge what God has declared me to be and victory comes my way. The confession of my lips testifies to my faith. No evil shall befall me; neither shall any plague come near my dwelling. He will take away sickness from me. He will fulfill the number of my days. Jesus took my infirmities, weakness, and distress. He bore my sickness and with his stripes I am healed. Let the weak say I am strong is His exhortation; I therefore say I am strong. Thank You Jesus! Heb3:1; Exo23:25; 1Pt2:24

Lord Your Word says: Faith comes by hearing and hearing the Word of God. You are not a man that you should lie nor the son of man that You should change your mind. Since You said it, You will do it. You will keep your Word. It is impossible for you to lie. You are faithful You will never break Your promises mentioned in scripture. That is why You always watch over your Word to perform it. You have also said: "I am the Lord the God of all flesh there is nothing too hard for me." You are God Almighty there will never be anything difficult for You to do.

Thank You Jesus! Rom10:17; Heb6:18; Jer1:12; Jer32:27

I have faith in God - I say to this mountain of illness in the words of Jesus Himself "Go throw yourself into the sea." I believe in my heart and do not doubt that what I say will happen; therefore it will be done for me and I shall have whatsoever I say. Thank You Jesus!

Heavenly Father I attend to Your Word. I incline my ears to Your Sayings. I will not let them depart from my eyes; I keep them in the midst of my heart, for they are life and healing to all my flesh Prov4:20-22.

I affirm I am prospering and experiencing good health even as my soul prospers. He himself took my infirmities and bore my sicknesses and by His stripes I am healed. Thank You Lord for restoring my health and healing my wounds. As God was with Moses so He is with me. My eyes are not dim; neither are my natural forces abated. Blessed are my eyes for they see and my ears for they hear Mt8:17; Deut34:7 I worship the Lord my God and He in turn blesses my food and water and takes sickness away from me. By God's grace I do diligently hearken to His voice and do that which is right in His sight. He in turn allows no disease to afflict me for He the Lord is my healer! Exo23:25

I fear the Lord therefore the Sun of Righteousness will arise with healing in His wings. With long life He will satisfy me and show me H is salvation, healing and deliverance. Surely He has borne my grief and carried my sorrows, pains, and sicknesses. He was wounded for my transgressions, bruised for my iniquities, the chastisement of my peace was laid upon Him and by His stripes I am healed. He bore my sins on the tree that I be dead to sins, and live unto righteousness. By His wounds I am healed. Thank You Jesus!

Mal4:2; Isaiah53:3-5; 1Pt2:24

Lord you are the strength of my life. Who or what shall I be afraid of? You are my hiding place You will preserve me from trouble. Eternal God, You are my refuge and underneath me are Your everlasting arms. You have delivered me, shall yet deliver me and preserve me unto Your eternal kingdom. I am more than a conqueror through You Lord who loves me. You always cause me to triumph. You are the Greater One living in me therefore nothing will hurt me Thank You Jesus!

1John4:4; Ps27:1; Deut33:27

Lord You are my strength and deliverance. You have not given me a spirit of fear, but of love, of power and of a sound mind. I submit myself to You my God, I resist the devil and he flees from me. I resist him through the Word of God. I resist sickness and forbid it to dominate my body by confessing that Jesus took my infirmities and bore my sicknesses. Your Word is medicine to all my flesh. You have given me abundant life. I receive that life through Your Word and it flows to every organ of my body bringing healing and health Thank You Jesus! 2Tim1:7 The scriptures declare that God anointed Jesus of Nazareth with the Holy Ghost and with power, He went about doing good and healing all that were oppressed by the devil, for God was with Him. That same Spirit that raised Jesus from the dead dwells in me, saturating His life through my veins sending healing throughout my body Acts10:38

Jesus redeemed me from the curse of the Law by being made a curse for me. Since sickness is a curse of the Law I am redeemed from it. He bore my sins on his body at the tree, so that I might die to sins and live for righteousness; by His wounds I have been healed. Therefore I will bless the Lord and forget not all His benefits Who forgives all my iniquities and heals all my diseases who gives power to the faint and to them who have no might He increases strength. God's healing Word is flowing in my blood stream to every cell of my body restoring life strength and health. Because Jesus bore the curse for me; therefore I forbid growths, tumors, arthritis, or any form of sickness to dwell in me. God's Life flows in me and removes all forms of illness from me.

Thank You Jesus!

Ps103:1-3; Ga3:13

I present my body to God for it is God's temple. God dwells in me. His Life saturates my Spirit, Soul and Body so that I am filled with the fullness of God. Rom12:1-2; Jn14:20.

I command my blood cells to destroy every disease germ and virus that tries to inhabit my body. I command my body to release the right chemicals. My body is in perfect chemical balance. My pancreas secretes the proper amount of insulin for good health and life. I have healthy bones joints and marrow with no pain or swelling in them. I have healthy organs. Every organ and tissue of my body functions perfectly as God created it to function. I forbid any malfunctioning. My immune system is strong. It will not allow any form of sickness to reside in my body. I command every cell in my body - be normal in Jesus name! Thank You Jesus! Thank You Father, for my strong heart which has a normal. My arteries will not shrink or clog. My blood flows to every cell of my body restoring abundant life and health. God's life in my blood cleanses my arteries of all matter that does not favor life. My blood pressure is normal. I speak life into my immune system that grows stronger and stronger.

Redemption is mine, healing and health are mine. Jesus my perfect substitute was punished that I might be forgiven. He was wounded for my healing. I am redeemed from the hands of the devil. Jesus legally bore my sicknesses and my sins. The devil cannot put these on me if I resist him and I certainly will. Since Jesus my Redeemer is the High Priest of my confession I acknowledge and confess that I am redeemed by His blood, healed with His stripes, delivered from the powers of darkness, transferred into His kingdom, forgiven of all sins. Since the Lord my healer I declare healing and health are mine. I am free to enjoy divine health. Surely goodness and mercy, not sickness or death shall follow me all the days of my life. Because I fear the Lord the Sun of Righteousness will arise with healing in His wings. Since Jesus is the vine and he is healthy and I am a branch in the vine so I must be healthy too.

Thank You Jesus!

Heavenly Father it pleased You to bruise Him and put Him to grief as the scripture declares. You made Him sick with our sickness so we could enjoy divine health. You forgave all my iniquities. You sent your Word and healed me of all my illnesses. You are the Lord my healer. Through Your Word You have imparted Your Life to me that restores my body with every breath I take and every word I speak. Your Word is medicine to my whole body. Thank You Lord, for redeeming my life from destruction, satisfying my mouth with good things so that my youth is renewed like the eagles. Thank You for blessing my food and water and taking sickness away from me. Therefore I expect to enjoy good health all the days of my life

Isaiah53:10; Ps103:2-5; Exo23:25-26.

I will not be downcast or get disturbed. I will hope in God for I shall again praise Him for the help of His presence in my speedy recovery towards good health. When I am weak then I am strong for God's strength is made perfect in my weakness. Even though many have been my afflictions I will boast in the Lord who delivers me from them all because I love Him. And so I say with confidence: Lord You are my refuge and my strength, always present, always helpful in times of trouble. You stretch forth your hand against the wrath of my enemies and save me. This affliction shall not arise a second time.

Thank You Jesus!

Ps43:5

I call on the name of the Lord in faith and I am saved, healed delivered, for the prayer of faith saves, heals the sick. I am strong in the Lord and in the power of His might. The joy of the Lord is my strength. Because I revere His name, the Sun of Righteousness will arise with healing in His wings. I believe his Word that He will satisfy me with long life and save heal and deliver me. I confess that God's Word abides in me and releases unto me perfect soundness of mind and wholeness of body and spirit from the depth of my spirit, even to the joints and marrow of my bones. And that Word is medicine to my whole body. I stand assured that I have healing and health now in the name of Jesus.

Jesus You are my healer, may Your name be worshipped. As I worship and serve You diligently hearkening to Your voice and doing that which is pleasing in Your sight, sickness exits and I continue to live a full life span according to Your Word. You are my security, the Lord my banner and protection. Thank You Jesus!

I love you Lord. You have heard me. You heard my cry for mercy. I sought You and You answered me. You delivered me from all trouble. So with confidence I cast all my cares, anxieties, worries, concerns once and for all on You because I know You care for me affectionately and watchfully. Thank You Jesus! 1Pt5:7

#### **Dear Reader**

Please say this prayer aloud.

Dear Heavenly Father, I take dominion over every foul work of the devil, every lying hindering spirit that has tried to frustrate my mind, torment my digestive, circulatory, respiratory systems and whatever else, has tried to rob me of the joy that belongs to me, of the peace You gave me and of the healing you purchased for me with the stripes of your Son Jesus and of the cleansing You bought me with the blood of Jesus Christ.

I command you devil; "Take your hands off me for I am God's property. I command every work of yours be destroyed and every demon of infirmity, weakness, distress, pain, evil, sickness that has been harassing me Go! In the mighty name of Jesus!

I enforce the victory of Calvary over my life by the power of the Holy Spirit. I receive my healing from the crown of my head, to the soles of my feet in the name of Jesus for the glory of God. And I call it done by the faith of the Son of God. Thank You Jesus!

## Other Books by the Author

Prayer Mantle Spiritual Food for Victorious Living Success Unlimited Change Your World Pastor's Manual Bible Correspondence Course [Basics]

### **CDs**

Hear and Be Healed Change Your World



## A Practical Guide to Healing

Get ready to receive your healing. In this groundbreaking and revelatory book, the Author describes a simple way to practice the Art of Healing with astounding results that enables you to walk out of your prison house of sickness, resist disease, receive healing, and Live in divine health.

The Author - Helps you discover keys in doing this by faith declarations provided which are doses from God's Medicine Bottle – His Word, till 'faith for healing' arrives. This is followed by activating the 'faith for healing' received through corresponding action. And in the process of obtaining healing he cautions you not to negate your faith declarations and not to ignore the Doctor's advice.

Dr. Tony Mathias - is Executive Director and Senior Pastor of 'Kingdom Seekers International' based in India. He is involved in teaching, training and mobilizing Christians to live victorious Christian lives. He conducts seminars and workshops on a variety of topics including leadership. He has served as Spiritual Advisor, ministering to the Body of Christ inland as well as overseas With a vision to spread the Word of God internationally.

17